

Annual Review



YMCA EAST SURREY

What we do

YMCA East Surrey is a vibrant, local charity responding to the needs of individuals and communities, with a focus on those who are vulnerable or disadvantaged.

From sport, play and physical activity to counselling, youth work, housing and volunteering—our services are inclusive for people of all ages and abilities, encouraging them to enjoy an active and healthy lifestyle.

We help people to believe in themselves, support them to achieve their goals and inspire them to be the best they can be.

Contents

Chris Brewer <i>Chairman</i>	4
Ian Burks <i>Chief Executive</i>	5
Inclusive Sports Facility <i>Randolph's Story</i>	6
Children's Services <i>Y-Kids</i>	8
Children's Services <i>Yippee</i>	10
Children's Services <i>Yip4Youth</i>	12
Youth Services <i>Volunteering</i>	14
Youth Services <i>Detached Youth Work</i>	16
Youth Counselling <i>Heads Together</i>	18
Housing and Accommodation <i>Hillbrook House</i>	20
Health and Wellbeing <i>Exercise Referral</i>	22
Challenge Fundraising Events <i>Loo Loo's Experience</i>	24
Summary of Accounts	26
Thanks	27

Keep up-to-date

For lots of great photos and information on our latest events, offers and activities, follow us on Facebook and Twitter:

  YMCAEastSurrey

Chris Brewer | *Chairman*

Twenty five years ago we established our new 'purpose built' community sports centre in Redhill with only a trickle of YMCA members and without being entirely clear what the 'purpose' was. We were based on the site of the Royal Earlswood Hospital's old boiler house in the middle of fields far from any habitation.

What you will see and read in the following pages has come about through the endeavours of many enterprising and inspiring managers, staff and volunteers led by Ian Burks, our CEO.

Step by step, new programmes and facilities have been established wherever a need has been perceived and funding raised to provide better futures for children and young people, as well as elderly people with health issues.

The setting up of the YMCA Sovereign Centre in Reigate as a hub for children

and young people with disabilities has fulfilled such a need. We are now working hard on plans for an extension to the YMCA Sports and Community Centre to provide an 'Inclusive Sports Facility'.

Hopefully completed during 2017, the new enclosed sports hall and facilities will be specially equipped to offer disability sport and health rehabilitation. The Government through the NHS are pleading for measures which will help to reduce demand on public services such as GP surgeries and hospital admissions and the new Centre will make a very important contribution. Our fundraising for this project is now vital.

This year our Challenge programme, from which all money raised will go towards the Inclusive Sports Facility, has been wonderfully successful and we are so grateful to everyone who has taken part.

“A huge thank you to our managers, staff, volunteers and our Board of Trustees for their enthusiasm throughout another successful year.”



Ian Burks | *Chief Executive*

Last year we finally bit the bullet and changed our name from Reigate and Redhill YMCA to YMCA East Surrey. This was to reflect our growing reach across Mole Valley, Tandridge, Epsom and Ewell and of course Reigate and Banstead.

The name change allowed us to become one of the first YMCAs to adopt the new national YMCA branding, showing that, despite our local focus, we are proud to be part of the largest and oldest youth charity in the world.

Our name and visual identity may have changed, but our approach hasn't. We are still doing what we have done since 1870—striving to give local people, especially those who are vulnerable or disadvantaged, the opportunity to realise their potential and become the best they can be.

“Our services have grown to the point where we now reach out and support nearly 10,000 people across East Surrey.”

Reading through this review you will hear moving stories of how our programmes have transformed the lives of local people. When you consider that 9,044 individuals benefited from our services in 2014/15 you get a sense of the tremendous positive impact the YMCA has on its community.

This success is largely due to the inspirational people who give their time to the YMCA. They include our passionate and skilled staff, our determined challenge fundraisers, our enthusiastic volunteers and of course our supportive trustees, led so ably by our Chairman, Chris Brewer.

I would like to take this opportunity to thank them all for their vital contributions over the past twelve months. I am sure with their help we can continue to enhance the lives of local people for many years to come.



Inclusive Sports Facility | *Randolph's Story*

"When my YMCA instructor at the Stroke Rehabilitation class first told me I'd be able to walk on the treadmill, I thought she was joking," says Redhill resident Randolph, 54. "It seemed completely unachievable."

"A year later, I am now using it regularly for a few minutes at a time. Without the help and support of the Exercise Referral team I would never have reached this milestone."

It's been a long road to recovery for Randolph since he had a stroke in 2012.

"I lost all feeling in the left hand side of my body," he explains. "After being discharged from hospital, I was given six sessions of physio at a therapy unit and then was expected to fund further treatment myself."

Randolph feels that the YMCA plays a vital part in bridging the gap between the NHS and the private healthcare sector. He hopes the new Inclusive Sports Facility will help to change the lives of more people like him who are living with chronic health conditions, injuries and long term ill-health.

"I've been so lucky to draw on the experience of knowledgeable fitness

instructors, who are prepared to go the extra mile to help me through each stage of my recovery. The classes keep me from feeling socially isolated—it's like being part of one big extended family."

The Inclusive Sports Facility will adjoin the existing YMCA Sports and Community Centre in Redhill, creating a high quality integrated and unique facility, designed specifically to inspire and support those least likely to participate in (but with most to gain from) physical activity.

Individuals with chronic health conditions will be able to access controlled physical activity that is tailored to their particular condition, led by a fully-qualified instructor who can work with them over a period of time to realise long-term improvement.

Current sports facilities too often attract the young, the fit, the able and the affluent, inadvertently becoming daunting and inaccessible places for those most in need. The new Inclusive Sports Facility will enable us to develop many new initiatives for those with disability and ill health in East Surrey.

"Coming to the YMCA is so important to me," says Randolph. "Without the Stroke Rehabilitation class, I would have lost my independence and my identity. I'd be isolated and depressed. Instead I feel very grateful, optimistic and full of hope."

The new
Inclusive Sports Facility will
help around **800** people each week.



Children's Services | Y-Kids

In August 2015 we were rated **'Outstanding'** by Ofsted for our Holiday Playschemes and After School Club in Redhill.

“Children thrive in this vibrant club. Staff use their expertise to effectively provide activities to meet children's interests and to support their learning.”

*Ofsted Inspection Report,
August 2015*



After School Club

Around 160 children in the Redhill & Reigate area attended Y-Kids After School Club and enjoyed stimulating, exciting activities led by our qualified playworkers. Feedback from parents has been overwhelmingly positive and we're proud to see this recognised with our 'Outstanding' Ofsted report.

Playschemes

The Y-Kids team organised an exciting range of seasonal activities for children during the school holidays in Redhill and Banstead, including sports, games, arts and crafts. The service in Redhill is now extending to offer a breakfast club to help parents who need an earlier start for childcare in the holidays.

**Banstead
Children's Centre**
reached
out to **378**
families
and **617**
under fives

Banstead Children's Centre

Families attending the YMCA Banstead Children's Centre had the opportunity to improve parenting skills, learn about healthier lifestyles and have fun with their children developing their social skills. The centre also worked with partner agencies to support vulnerable children and their families to improve overall family life.

Children's Services | Yippee

Leyla enjoys the time she spends at our Yippee playscheme so much that she joined the group to celebrate her 8th birthday earlier this year.

YMCA staff took the children on an outing to a local farm, decorating Leyla's wheelchair with balloons and surprising her with a birthday cake and candle.

Leyla's smile lit up her face—a very different picture to the description of her as a younger child, as painted by one of her carers.

“For the first five years of her life, Leyla's medical condition and complex needs meant that she was either in hospital or at home,” explains Amanda. “All her contact was with adults and she was an unhappy and miserable little girl.”

Despite having the condition from birth, Leyla has only recently been diagnosed with mitochondrial disease, an inherited chronic illness resulting in cognitive impairment as well as developmental and physical disorders. She has now been coming to Yippee's vibrant and fulfilling short break provision for just over three years.

Yippee provides age appropriate activities for children aged 5–11 with a wide range of disabilities and complex needs. The playscheme ensures that children can play with friends and try out new activities, whilst giving families some much needed support.

With new funding this year, we have been able to accommodate children who need one-to-one support whilst in our care to a level of 40% within the Yippee group.

We currently have 272 children and young people registered with Yippee and Yip4Youth, our youth club, weekend and school holiday scheme for 12–18 year olds with disabilities and complex needs. We deliver 32,000 hours of short breaks each year.

“The YMCA staff are always friendly and pleased to see Leyla. The care is excellent and she absolutely loves it here,” says Amanda. “Leyla's family can have a break as they know she is in good hands. Her older brother and sister can also have time off from being carers and it gives them a chance for some quality time of their own.”

“Leyla may have very specific care needs but she deserves to be around people who want to be her friend. It isn't enough for her just to mix with those who are being paid to look after her. Yippee gives her a chance to be a child and have fun.”

With new funding,
we can now
provide 40%
of one-to-one
care for
children with
high complex
needs





272 children & young people with disabilities are registered to attend our short break playschemes.



YMCA has recently held a small number of holiday clubs specifically for children and young people with autism. Many of the children who attended showed a dramatic change, with them talking, playing and engaging more. The smaller numbers in these groups and autism-specific activities improved the environment from a sensory perspective, which is important for those with autism.

Children's Services | Yip4Youth

Henry is a young man with autism. He is non-verbal, has significant learning disabilities and finds it difficult to understand what is expected of him and what other people are feeling.

Like any other 13 year old, he loves being on the move, finding it hard to stay cooped up or inactive for long. It hasn't always been easy to find the right outlet for Henry's energy.

"Life with Henry in the early years was extremely difficult," explains his mum, Chrissy. "We were living in Australia at the time and there were no social clubs or services available in our area for a child with his type of complex needs."

Henry's parents made the difficult decision to move to the UK where they would have additional family support.

"To get Henry the care that he needed in Australia was very expensive and the formal support and intervention was very limited," says Chrissy. "Here, we were soon put in touch with the Yippee club which provided him with the fun activities and stimulation that he desperately needed."

Henry has now moved on to Yip4Youth, the YMCA's vibrant and fulfilling youth club, weekend and school holiday scheme for 12-18 year olds with disabilities

and complex needs. Yip4Youth ensures that young people with disabilities can meet up with friends and try out new youth-led activities in a safe and welcoming environment.

Henry and his brother Teddy entered our May Bank Holiday Fun Run and raised over £240 in sponsorship money. It was an event in which his mother never imagined him taking part.

"It's so important that he now has the chance to join in physical activities that he loves alongside other children who are just like him," says Chrissy. "He particularly enjoys the swimming outings and is excited whenever he comes to Yip4Youth. It makes him so much happier."

Chrissy and her family value the relationship they have with our qualified and experienced staff and the personal interaction with them which helps keep life running as smoothly as possible for Henry.

"I have no idea how we would manage without this type of short break care," she says. "I know we will always have links with the YMCA. We count ourselves very lucky to have access to a disability friendly organisation with such a wide range of services."

Youth Services | Volunteering

Committed, engaging and enthusiastic, Sam is a popular face among the OnSide cycling group members. He has been volunteering for over a year after originally attending an OnSide multi sports session.

“I enjoy cycling so when I was asked to help out, I jumped at the chance,” says Sam. “It’s great to support the group with their own learning and progression. Volunteering has given me more confidence, keeps me active, gets me out of the house and has added to my CV.”

OnSide Inclusive Sports is a YMCA project which works with people aged 14–30 years with a disability across East Surrey, improving confidence through sport. This year, 1269 young people have benefited from the programme.

Sam, 21, joins the OnSide cycling groups on day rides, provides assistance with school sessions and has accompanied the members on residential outings to Holmbury St Mary and North Wales. Having a rare condition which affects some of his cognitive functions, he identifies well with the young people he supports.

“It’s been a challenge to learn how to interact with other young people who have individual needs but I think it’s helped me

hugely with my own social skills,” says Sam. “The residential trips have been fantastic—a nice break away and time to chill out with the rest of the group.”

91 volunteer applications have been received in the first six months of 2015 and there have been an average of 60+ active volunteers per month across the organisation.

YMCA East Surrey has now become an ASDAN registered centre, providing further certified training and courses for young people to build employability skills. Courses cover volunteering, disability sports, food and catering, first aid and many others.

This year, Sam took and achieved British Cycling’s Ride Leadership Award.

Mark Browne, OnSide Inclusive Youth Worker, has no doubt how important volunteers like Sam are to the OnSide programme.

“To put it simply, they enable the fun,” he explains. “Sam keeps it real and the group wouldn’t be the same without him.”

Sam now works part-time for another disability cycling organisation.

“I hope the skills I’ve developed through volunteering will continue to help me find employment working with young people in the future,” he says. “The YMCA has supported me so much in the past and I’m pleased to be able to offer something back.”

1,269 14-30 year olds
with a disability
have benefited
from OnSide
inclusive
sporting activities





YMCA's detached youth workers have engaged with **819** young people in Reigate & Banstead and Mole Valley



Youth Services | *Detached Youth Work*

Alisha, 12, has no doubt what it would be like in her local area without the presence of our detached youth work team.

“It would be absolutely boring,” she says. “And there would be more problems on the estate. The YMCA youth workers are alright—they don’t tell you off and they keep you safe. They stop parents worrying about their children because they know where they are and they know that they are keeping out of trouble.”

Street Talk is a local prevention youth work project which aims to engage with hard to reach young people aged 10–16 who are potentially at risk of becoming NEET (Not in Education, Employment or Training) or offending. Escape is a school holiday diversionary scheme, giving young people a positive option.

Detached youth workers support young people through a range of projects, including group work, mentoring and counselling, to build resilience, thrive and achieve their full potential.

Alisha initially heard about the project through the YMCA’s Youth Workers who walked around the streets of her estate in Dorking and told her group of friends about the activities on offer.

“It’s a bit rough around here, but it’s alright,” Alisha explains. “My brothers have been in a bit of trouble in the past—it’s just that there isn’t much to do.

“Now, though, I’ve done loads of activities this summer, including a fishing trip, helping out with Jolly John’s play farm and a trampolining outing to AirHop in Guildford. I get to meet up with my friends and stay out of trouble.”

All of our services are fully funded for young people so there is no cost. Young people can access one or several of our projects based upon their wants and needs, as well as receiving information, advice and guidance from trained youth workers.

Alisha has the potential to be a real advocate for young people on her local estate and their need for more youth services. The positive results of her involvement so far are easy to see. As she says herself:

“It’s stopped the police coming to my door, stopped me hanging around with the wrong people and stopped me getting bored.”

Youth Counselling | Heads Together

Daisy* was brought to Heads Together by her Mum following a suicide attempt. She'd been diagnosed with severe depression by a CAHMS psychiatrist and had seen a CAHMS counsellor with whom she'd been unable to engage.

Daisy self harmed; cutting her arms and legs and sometimes rubbing the skin off the backs of her hands on carpets. She was unable to see a future and could only cope with getting through day by day.

We worked to identify what was helpful when she was at her lowest and explored her sense of self-worth. Due to family issues Daisy had ignored her own emotional needs, but with the help of a Heads Together counsellor, Daisy realised that her needs were as important as those of others.

Daisy began to find alternative coping mechanisms to cutting such as writing in her diary and spending time with her pets. Towards the end of the counselling Daisy felt she was finally free of depression. She had the tools to cope if she experienced depression again and found she was looking towards a positive future.

Heads Together offers free and confidential counselling to 14–24 year olds at venues across East Surrey.

Counselling allows young people to talk about their difficulties, with someone who is separate from school and home life, and can help them to find ways to cope and to get back to enjoying life.

This year Heads Together received over 500 referrals and met with 385 young people.

The need for counselling is greater than ever with 1 in 10 children and young people aged 5-16 suffering from a mental health disorder — around 3 children per class.**

Children and young people come to Heads Together with a diverse range of problems. Many talk about family or relationship difficulties, bullying at school, low self-esteem, anxiety and depression, with a number facing abuse and violence.

Looking ahead, the team has secured funding from the Department of Education and the Lucy Rayner Foundation to provide more rapid response counselling to young people and run short programmes about personal resilience and emotional wellbeing in secondary schools and other youth settings.

* Name has been changed for confidentiality


** Source: www.youngminds.org.uk (Oct 2014)


YMCA's Heads Together counsellors are trained to listen with empathy and help young people deal with negative thoughts and feelings, enabling them to make independent choices and find their own voice.

During 2014/15
Heads Together
provided around

3,500 
free counselling sessions





Hillbrook House
provided a
home **for 87** 
young people
at risk of homelessness

NextStep

In 2014/15, NextStep supported 302 families and individuals with housing advice and secured affordable private rented accommodation for 77 people. NextStep is a free, professional service that plays a crucial role in preventing homelessness by offering financial security through an initial guarantee deposit bond, helping landlords and tenants to manage sustainable tenancies.

Housing and Accommodation | *Hillbrook House*

For 19 year old Aaron, life so far has been a battle.

“It’s been really tough,” he says, “and sometimes I was completely on my own. Everything got on top of me. Now, with the support of the staff at Hillbrook House, I feel as though I can keep on fighting.”

Aaron has been a resident at YMCA Hillbrook House since March 2015. Difficult home circumstances made him homeless without choice and dependent on the kindness of his girlfriend and her family.

The insecurity of a ‘sofa-surfing’ lifestyle left him suffering from depression and anxiety and in danger of dropping out of college.

“It was a very low time for me,” says Aaron. “I lost my part-time job and felt extremely stressed. Securing a place at Hillbrook House has turned my life around.”

In the last financial year, Hillbrook House has had 45 new lettings and 33 of these have now moved on to a more independent footing. Last November marked the 10th anniversary of the housing project.

Aaron now has the support of assigned key worker, Iesha Perry. “I can’t praise her highly enough,” he says. “We have an

amazing relationship and she has helped me so much.”

The Heads Together programme, a free and confidential counselling service for young people aged 14–24, has given Aaron the tools to conquer his anxiety issues. He hopes that maintaining this contact will help him stay on top of the stress of his last year at college.

Aaron has a new part-time job which he loves and passed this year’s exams at East Surrey college, receiving praise and respect from his tutors. This has boosted his confidence so much that he now plans to start an art course at university next year.

“I’ve learned a lot from the other residents and have nothing but respect for them. It’s like a community here,” says Aaron. “It’s been a hard year, but all the negatives are finally turning to positives.”

“Without Hillbrook House, there is no doubt at all that I would have dropped out of college. I’m so thankful for the support I’ve received. I feel safer, I’m less stressed and better prepared for the future. I want to tell other people, who may be in a situation like I was, that there is a way forward.”

Health and Wellbeing | Exercise Referral

Trevor loves the hours he spends each week volunteering on the reception desk at the YMCA Sports and Community Centre in Redhill.

“It’s given me a purpose,” he says. “I enjoy mixing with people. Some are better off than me and some maybe worse.”

A car crash in 1999 left Trevor with a severe brain injury and hospitalised for four years. Only the love and commitment of his family pulled him through this traumatic time.

“He was still our son and we refused to give up on him,” explains his devoted mum, Anne. “Trevor’s recovery has been painfully slow but we were determined to find him the best possible care we could.”

The family were finally put in touch with the YMCA’s Exercise Referral programme via a social worker and almost ten years ago Trevor began attending weekly exercise sessions.

This year, over 430 members of the Exercise Referral programme have taken part in safe and effective physical activity with support from qualified staff in our fully accessible centre and gym.

“I was told that I’d never regain any range of movement,” says Trevor, 39, “but now I am far more mobile, I’ve lost weight and I’m steadily toning up.”

“He has a social group here too,” says Anne. “It’s a friendly and welcoming environment where he can take a break from us and chat with other people. He keeps so positive and happy—he’s an absolute credit to us.”

Once Trevor felt ready for another major step, the family enquired about voluntary work at the YMCA. Despite short-term memory loss and ongoing mobility issues, he has been manning the reception desk for a few hours a week for the last four years. Having moved out of his parents’ house, Trevor now lives independently with the help of a carer. He’s making plans to celebrate his 40th birthday with friends at the end of the year.

Anne and Trevor are sure that he would have struggled to move on in the same way without the support of the YMCA.

They have no doubt about what this help has meant to them as a family.

“It’s saved us all,” Anne says simply. “Not just Trevor. It’s become our world and we don’t know what we would have done without it.”

Over **430**
Exercise Referral
members
took part in safe
and effective
physical activity



Follow us

YMCAChallenge
ymca_challenge



Around **2,500**
people took part in a
YMCA
Challenge
event



Challenge Fundraising Events

"I am in awe of the staff at YMCA East Surrey," says 3 day Bruges Challenger, Loo Loo.

"They are such a strong, enthusiastic and caring team. When you see the work that is done here, it gets into your blood and you can't resist becoming more and more involved."

Loo Loo, 51, sits on the Children's Services Committee but prior to this year had never taken part in one of the Challenge events which aim to get people active and raise unrestricted funds for our charitable work.

"Last summer, I felt envious of the enthusiasm I saw in those who were taking on a Challenge event," she says. "Their positive attitudes were inspirational and, even though I'm not a cyclist nor very fit, I decided to sign up for Bruges 2015."

Despite an overwhelming first training session and difficult first day, the experience turned out to be a hugely positive one for her.

"My bike was the heaviest in the group and, on the second day, it was pouring with rain and there was thunder and lightning. My toughest challenge of the whole trip

was making it up the longest, hardest hill into Dover. I gritted my teeth and didn't walk once. When I'd cleared that hurdle, I felt that I could tackle anything."

For Loo Loo, the camaraderie that she found within the Challenge group was the high point of the event.

"Everyone was so supportive and encouraging," she says. "The team spirit and organisation was amazing and we had so much fun. When we finally reached Bruges, the sense of achievement was incredible. If I'd had the chance, I would have happily turned my bicycle around, given the Eurostar a miss and cycled all the way home too!"

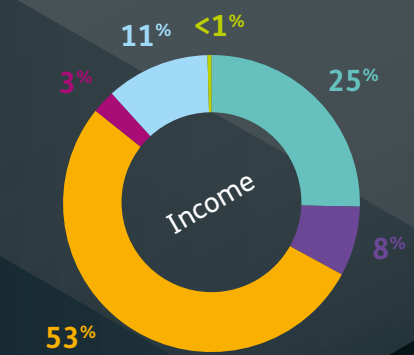
In 2015, the Challenge programme had around 2,500 participants. Plans for the coming year are to get even more people active and reaching their personal goals, while raising funds for the new Inclusive Sports Facility.

"I took a 3 day break from a busy full-time job and from being a mum—I was just me. The experience has changed my life, as well as the lives of others."

"I think the YMCA touches everyone in our local area," says Loo Loo. "So many people come to a party or after school activity with their children, use the gym or join in the annual Fun Run and yet they still don't fully appreciate all the wonderful services that the YMCA has to offer. The Challenge events help to support these and I would recommend getting involved to anyone."



Summary of Accounts



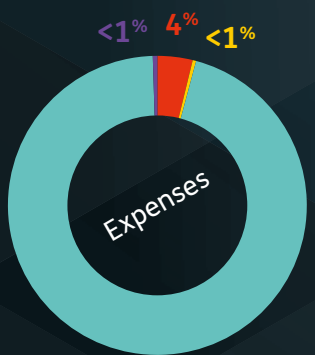
Total Income **£2,978,060**

- ▶ **Fees & subscriptions** £754,610
- ▶ **Other income** £225,880
- ▶ **Grants & donations** £1,572,918
- ▶ **Hire of facilities** £75,576
- ▶ **Housing** £336,234
- ▶ **Charity Shops** £12,842

The following is a summary of our financial information for the year ended 31 March 2015. Total income for the year was £2.98 million and total expenditure was £2.93 million.

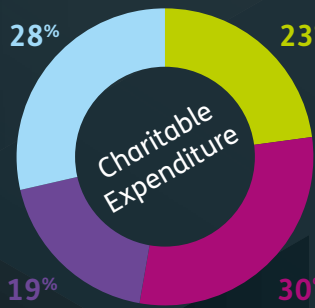
Grants and donations provided 53% of the total income. Staffing costs accounted for 65% of the total expenditure. Governance costs and Fundraising costs accounted for just over 4% of expenditure.

Total reserves at the end of the year were just below £2.8 million, of which 72% was attributable to the Premises Funds. Other restricted reserves were just over £319,500, designated reserves were just under £168,000 while unrestricted reserves amounted to a little over £302,500.



Total Expenses **£2,934,278**

- ▶ **Fundraising** £111,680
- ▶ **Trading costs** £11,025
- ▶ **Charitable activities** £2,797,181
- ▶ **Governance** £14,392

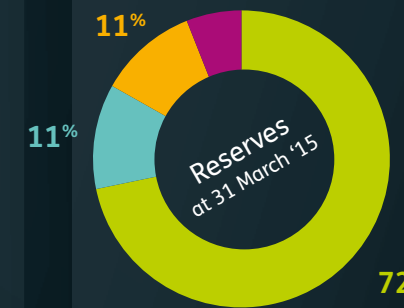


Total Charitable Expenditure **£2,797,181**

- ▶ **Fitness services** £639,507
- ▶ **Children's services** £835,977
- ▶ **Youth projects** £522,340
- ▶ **Housing projects** £799,357

The above information was extracted from the full annual financial statements prepared in accordance with applicable Accounting Standards in the United Kingdom, with the Statement of Recommended Practice (SORP) "Accounting and Reporting by Charities" published in March 2005 and with the Charities Act 2011, and the Companies Act 2006. The information may not contain sufficient detail to allow for a full understanding of the financial affairs of the charity. For further information, the full financial statements together with the Trustees' and Auditor's reports should be consulted.

Copies are available from:
YMCA Sports & Community Centre, Princes Road, Redhill, Surrey, RH1 6JJ
or www.ymcaeastsurrey.org.uk.



Total Assets **£2,796,018**

- ▶ **Premises funds** £2,005,944
- ▶ **Restricted funds** £319,565
- ▶ **Unrestricted reserves** £302,669
- ▶ **Designated reserves** £167,840

Thanks

It would not be possible for us to help local people build brighter futures through the many projects shown in this Annual Review without support. On behalf of everyone in East Surrey who benefits from our services, we would like to say a huge 'Thank You' to all our partners, funders and volunteers.

- Action for Life

Action Surrey

Active Surrey

Age UK

The Alchemy Foundation

Asda, Burgh Heath

Ashcombe School

Banstead May Queen Group

Barclays, Horley

BBC Children in Need

The Beatrice Laing Trust

The Belfry Shopping Centre

The Bernard Sunley Charitable Foundation

Big Lottery Reaching Communities Fund

Brooklands School

C&N Cycles

CAMHS for Surrey

The Clothworker's Foundation

Coleman Charitable Trust

Comic Relief

Community Film Unit

Co-wheels

CP Brewer Charitable Trust

Crisis UK

Day Lewis Pharmacy

Department for Education

Department of Health

East Surrey CCG

Epsom Downs Children's Centre

esure

Evans Cycles
- ExxonMobile

First Community Health and Care

Furzefield School

Garfield Weston Foundation

High Sheriff Youth Awards

Holistic Harmony

Horley Lions

John Cowan Foundation

Keith Walter Photography

Legal & General

The Lucy Rayner Foundation

Merstham Cricket

Mencap

Merstham Millennium Trust

Mole Valley Borough Council

Mole Valley Housing Association

Mildred Duveen Charitable Trust

National Youth Agency

Netherby Trust

Osborne

Oxted United Reformed Church

Police & Crime Commissioner

Queen Elizabeth's Foundation

R Stevens

R C Brewer

Raven Housing Trust

Reigate & Banstead Borough Council

Reigate Golf Club

Rotary Club of Caterham

Round Table Redhill

Richard Mantle
- The Richmond Fellowship

S E Franklin's Charitable Trust

Santander

Social Action Fund

Sofitel London Gatwick Hotel

Sport England

St Martin's Walk Shopping Centre, Dorking

Sunnydown School

Sure Start

Surrey CAMHS

Surrey County Council

Surrey Police

Sutton & East Surrey Water

Tandridge District Council

Tandridge/Oxted Churches Together

Teasdale Group

Total Gas & Power

Vines BMW Group

Waitrose

West Sussex County Council

Westhill School

Wheels for All

Winterbotham Darby

YMCA East Surrey Challenge Fundraisers

YMCA East Surrey Committee Members, Trustees and Volunteers

YMCA England

The Youth Consortium

Get Involved



Donate to support our work. Whether you can make a regular or one-off donation, your support helps our projects to continue running.



Take part in a **YMCA Challenge Event**. Cycling, running, skydiving or something less strenuous—there are lots of ways you can help to raise funds for our vital charitable work.



Volunteer with us. We work with some amazing people and have opportunities for everyone who is interested in helping out in the local community.



Get in Touch

T 01737 779979

E admin@ymcaeast Surrey.org.uk

www.ymcaeast Surrey.org.uk

  YMCAEastSurrey

Registered charity no. 1075028

Management

Ian Burks *Chief Executive*

Claire Brennan *Finance Manager*

Becky Bottomley *Human Resources Manager*

Caroline Jones *Marketing Manager*

Kristina Lastowecky *Head of Children's Services*

Emily Griffiths *Short Breaks Manager*

Rob Cook *YMCA Sports & Community Centre Manager*

Sue Dodd *Gym Manager*

Raymond Dill *Health Promotion Manager*

Debra Wayland *Crèche Manager*

Adam Brooks *Head of Housing Services*

Jenny Hawes *Housing Project Manager NextStep*

Stuart Kingsley *Head of Youth Services*

Sarah Kenyon *Heads Together Manager*

YMCA Sports & Community Centre

Princes Road
Redhill, RH1 6JJ

T 01737 779979

YMCA Sovereign Centre

Slipshatch Road
Reigate, RH2 8HA

T 01737 222859

YMCA Hillbrook House

68 Brighton Road
Redhill, RH1 6QT

T 01737 773089

YMCA Banstead Children's Centre

The Horseshoe, Bolters Lane
Banstead, SM7 2BQ

T 01737 362058

SUPPORT & ADVICE

ACCOMMODATION

FAMILY WORK

HEALTH & WELLBEING

TRAINING & EDUCATION

