

Groups and Services by Invite or Referral Only

Group/Service	Day & Time	Details	Cost
Learning Space	Monday-Thursday 09:30- 15:00 (term-time only)	1:1 solution-focused support for children and young people aged 5-18 years who may be experiencing a range of challenges. www.learningspace.org.uk/about_us	Free
YMCA Heads Together	Weekdays 6-12 weekly sessions of 50 minutes	Counselling service aimed to help young people aged 11-24 to cope with difficult emotional, family or personal circumstances, enabling them to lead fuller and more satisfying lives. www.ymcaeastsurrey.org.uk/children/emotional-wellbeing-mental-health/heads-together-counselling/	Free
YMCA Community Wellbeing Team	Weekdays 8 weekly sessions of 50 minutes	1:1 or small group support for children and young people aged 8-18 to help support mental health and emotional wellbeing. www.ymcaeastsurrey.org.uk/children/emotional-wellbeing-mental-health/community-wellbeing-team/	Free

Contact us

Monday to Friday | 09:30-14:30

E phoenixcentre@ymcaeastsurrey.org.uk

Find us online

www.ymcaeastsurrey.org.uk/phoenix-youth-centre/



YMCA Phoenix Youth Centre,
Preston Manor Road,
Epsom, Tadworth KT20 5FB

f X @ YMCAEastSurrey

YMCA EAST SURREY

Registered charity no. 1075028



YMCA PHOENIX
YOUTH CENTRE

PART OF YMCA EAST SURREY

Supporting young people in Tadworth and surrounding areas



2025 Term time programme

YMCA Phoenix Youth Centre, Preston Manor Road, Epsom, Tadworth KT20 5FB

All sessions are held at the **YMCA Phoenix Youth Centre, Preston Manor Road, Epsom, Tadworth KT20 5FB** unless otherwise stated.
For bookings please email phoenixcentre@ymcaeastssurrey.org.uk

If payment is an issue, please speak to us

Day	Group	Time	Details	Cost	Booking or application form required?
Mon	YMCA Step Forward (except bank holidays)	17:00-19:00	Support and activities for young people aged 17-30 with mental health and emotional wellbeing needs. www.ymcaeastssurrey.org.uk/children/emotional-wellbeing-mental-health/step-forward/	Free	Drop- ins welcome
Tue	YMCA Youth Club (Term time only)	18:30-20:00	Friendly and relaxed Youth Club with weekly themed activities for school years 6-11. Parents/carers to complete the online form before attending. www.ymcaeastssurrey.org.uk/children/youth-family-services/youth-clubs/phoenix-youth-centre-tadworth/	Free	Yes
	YMCA WAVES (Term time only)	15:45-17:15	Emotional wellbeing youth club for 11 (Year 7+) to 17 years olds. www.ymcaeastssurrey.org.uk/children/emotional-wellbeing-mental-health/waves/	Free	Drop- ins welcome
Wed	YMCA Step Forward (except bank holidays)	16:00-18:00	Support and activities for young people aged 17-30 with mental health and emotional wellbeing needs. www.ymcaeastssurrey.org.uk/children/emotional-wellbeing-mental-health/step-forward/	Free	Drop- ins welcome
Fri	The MYTI Youth Club Plus certain days during the school holidays between 10:00-16:00	16:15-19:15	Youth Club for young people aged 8-15 in the Tadworth and surrounding area. Parents to complete an application form before a child attends. www.myticlub.org.uk/	Free - donations welcome	Yes
Sun	YMCA Yip4Youth Short Breaks On select Sundays, plus certain days during the school holidays.	10:00-16:00	For young people aged 12-17 with disabilities, including those who need 1:1 support. Care plan to be completed and initial meeting required before attending. www.ymcaeastssurrey.org.uk/children/disability-activities/short-breaks-12-18/epsom-ewell/	£30 per day	Yes

