

## Groups and Services by Invite or Referral Only

Group/Service	Day & Time	Details	Cost
Learning Space	Monday-Thursday 9:30am - 3pm (term-time only)	1:1 solution-focused support for children and young people aged 5-18 years who may be experiencing a range of challenges.  <a href="http://www.learningspace.org.uk/about_us">www.learningspace.org.uk/about_us</a>	Free
YMCA Heads Together	Weekdays 6-12 weekly sessions of 50 minutes	Counselling service aimed to help young people aged 11-24 to cope with difficult emotional, family or personal circumstances, enabling them to lead fuller and more satisfying lives.  <a href="http://www.ymcaeast Surrey.org.uk/services/cyp/ewmh/heads-together-counselling/">www.ymcaeast Surrey.org.uk/services/cyp/ewmh/heads-together-counselling/</a>	Free
YMCA Community Wellbeing Team	Weekdays 8 weekly sessions of 50 minutes	1:1 or small group support for children and young people aged 8-18 to help support mental health and emotional wellbeing.  <a href="http://www.ymcaeast Surrey.org.uk/services/cyp/ewmh/community-wellbeing-team/">www.ymcaeast Surrey.org.uk/services/cyp/ewmh/community-wellbeing-team/</a>	Free

## Contact us

Monday to Friday | 9:30am to 2:30pm

E [phoenixcentre@ymcaeast Surrey.org.uk](mailto:phoenixcentre@ymcaeast Surrey.org.uk)

Find us online

[www.ymcaeast Surrey.org.uk/phoenix-youth-centre/](http://www.ymcaeast Surrey.org.uk/phoenix-youth-centre/)



YMCA Phoenix Youth Centre,  
Preston Manor Road,  
Epsom, Tadworth KT20 5FB

f X @ YMCAEastSurrey

**YMCA EAST SURREY**

Registered charity no. 1075028

# YMCA

## YMCA PHOENIX YOUTH CENTRE

PART OF YMCA EAST SURREY

## Supporting young people in Tadworth and surrounding areas



## 2026 Term time programme

YMCA Phoenix Youth Centre, Preston Manor Road, Epsom, Tadworth KT20 5FB

All sessions are held at the **YMCA Phoenix Youth Centre, Preston Manor Road, Epsom, Tadworth KT20 5FB** unless otherwise stated.  
For bookings please email [phoenixcentre@ymcaeastssurrey.org.uk](mailto:phoenixcentre@ymcaeastssurrey.org.uk)

If payment is an issue, please speak to us

Day	Group	Time	Details	Cost	Booking or application form required?
Mon	<b>YMCA Step Forward</b> (except bank holidays)	5pm - 7pm	Support and activities for young people aged 17-30 with mental health and emotional wellbeing needs. <a href="http://www.ymcaeastssurrey.org.uk/services/cyp/ewmh/step-forward/">www.ymcaeastssurrey.org.uk/services/cyp/ewmh/step-forward/</a>	Free	Drop- ins welcome
Tue	<b>YMCA Youth Club</b> (Term time only)	6:30pm - 8pm	Friendly and relaxed Youth Club with weekly themed activities for school years 6-11. Parents/carers to complete the online form before attending. <a href="http://www.ymcaeastssurrey.org.uk/services/cyp/youth-family/youth-clubs/phoenix-youth-club/">www.ymcaeastssurrey.org.uk/services/cyp/youth-family/youth-clubs/phoenix-youth-club/</a>	Free	Yes
Fri	<b>The MYTI Youth Club</b> Plus certain days during the school holidays between 10:00-16:00	4:15pm - 7:15pm	Youth Club for young people aged 8-15 in the Tadworth and surrounding area. Parents to complete an application form before a child attends. <a href="http://www.myticlub.org.uk/">www.myticlub.org.uk/</a>	Free - donations welcome	Yes
Sat	<b>Preston Community Intergenerational Arts Group</b> First Saturday of every month (except June)	2pm - 4pm	Craft, board games and fun. Plus a chance to have a cuppa and talk the afternoon away. All ages welcome. Children must be accompanied by an adult. Any enquires please contact Maria on 07854171376	Donations welcome	No
Weekends	<b>YMCA Epsom Short Breaks</b> On select Weekend days, plus certain days during the school holidays.	10am - 4pm	For young people aged 8-14 with disabilities, including those who need 1:1 support. Care plan to be completed and initial meeting required before attending. <a href="https://www.ymcaeastssurrey.org.uk/services/cyp/disability-services/">https://www.ymcaeastssurrey.org.uk/services/cyp/disability-services/</a>	£37 per day	Yes

