

Groups and Services by Invite or Referral Only

Group/Service	Day & Time	Details	Cost
Learning Space	Monday & Wednesday 9am - 5pm (term-time only)	1:1 solution-focused support for children and young people aged 5-18 years who may be experiencing a range of challenges. www.learningspace.org.uk/about_us	Free
Access to Education	Tuesday - Friday 9:30am - 12pm (term-time)	Surrey County Council interim education service for children not in school, aged 5-16 years. Small group teaching. www.surreycc.gov.uk/children/support-and-advice/families/directory/a/access-to-education-a2e	Free
YMCA Heads Together	Weekdays 6-12 weekly sessions of 50 minutes	Counselling service aimed to help young people aged 11-24 to cope with difficult emotional, family or personal circumstances, enabling them to lead fuller and more satisfying lives. www.ymcaeastsurrey.org.uk/services/cyp/ewmh/heads-together-counselling/	Free
YMCA Community Wellbeing Team	Weekdays 8 weekly sessions of 50 minutes	1:1 or small group support for children and young people aged 8-18 to help support mental health and emotional wellbeing. www.ymcaeastsurrey.org.uk/services/cyp/ewmh/community-wellbeing-team/	Free

Contact us

Monday to Friday | 9:30am to 2:30pm

E phoenixcentre@ymcaeastsurrey.org.uk

YMCA Phoenix Youth Centre, Preston Manor Road, Epsom, Tadworth KT20 5FB

Find us online:

www.ymcaeastsurrey.org.uk/phoenix-youth-centre/

f X @ YMCAEastSurrey

YMCA EAST SURREY

Registered charity no. 1075028



YMCA

YMCA PHOENIX YOUTH CENTRE

PART OF YMCA EAST SURREY

Supporting young people in Tadworth and surrounding areas



2026 Term time programme

YMCA Phoenix Youth Centre, Preston Manor Road, Epsom, Tadworth KT20 5FB

All sessions are held at the **YMCA Phoenix Youth Centre, Preston Manor Road, Epsom, Tadworth KT20 5FB** unless otherwise stated.
For bookings please email phoenixcentre@ymcaeastssurrey.org.uk

If payment is an issue, please speak to us

Day	Group	Time	Details	Cost	Booking or application form required?
Mon	YMCA Step Forward (except bank holidays)	5pm - 7pm	Support and activities for young people aged 17-30 with mental health and emotional wellbeing needs. www.ymcaeastssurrey.org.uk/services/cyp/ewmh/step-forward/	Free	Drop- ins welcome
Tue	YMCA Youth Club (Term time only)	7pm - 8:30pm	Friendly and relaxed Youth Club with weekly themed activities for school years 6-11. Parents/carers to complete the online form before attending. www.ymcaeastssurrey.org.uk/services/cyp/youth-family/youth-clubs/phoenix-youth-club/	Free	Yes
	Y-Bounce Rebound Therapy (Term time only)	45 minute sessions	1:1 Rebound Therapy sessions, using a trampoline to provide fun and therapeutic exercise for children (from 4 years) and adults with a wide range of support needs and disabilities. Complete enquiry form or contact us to find out more. www.ymcaeastssurrey.org.uk/services/cyp/disability-services/rebound-therapy/ Care plan to be completed before attending.	£46 per session Free trial sessions available	Yes
Fri	The MYTI Youth Club Plus certain days during the school holidays between 10:00-16:00	4:15pm - 7:15pm	Youth Club for young people aged 8-15 in the Tadworth and surrounding area. Parents to complete an application form before a child attends. www.myticlub.org.uk/	Free - donations welcome	Yes
Sat	Preston Community Intergenerational Arts Group First Saturday of every month (except June)	2pm - 4pm	Craft, board games and fun. Plus a chance to have a cuppa and talk the afternoon away. All ages welcome. Children must be accompanied by an adult. Any enquires please contact Maria on 07854171376	Donations welcome	No
Weekends	YMCA Epsom Short Breaks On select Weekend days, plus certain days during the school holidays.	10am - 4pm	For young people aged 8-14 with disabilities, including those who need 1:1 support. Care plan to be completed and initial meeting required before attending. https://www.ymcaeastssurrey.org.uk/services/cyp/disability-services/	£37 per day	Yes

