

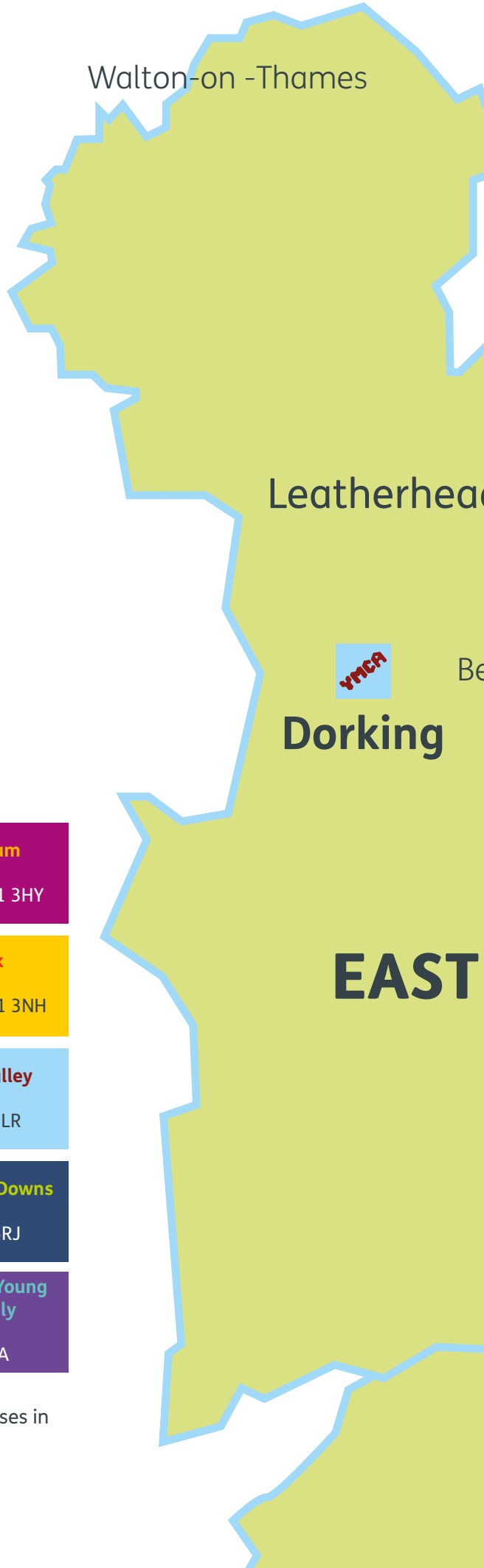
YMCA EAST SURREY

Impact Report 2026

Here for young people
Here for communities
Here for you

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YMCA Sports & Community Centre
Redhill, RH1 6JJ



YMCA Merstham Pre-school
Merstham, RH1 3HY



YMCA Hillbrook House
Redhill, RH1 6QT



YMCA Red Oak Family Centre
Merstham, RH1 3NH



YMCA Marketfield
13 Marketfield Way,
Redhill, RH1 1EU



YMCA Mole Valley Family Centre
Dorking, RH4 2LR



YMCA Sovereign Centre
Reigate, RH2 8HA



YMCA Epsom Downs Family Centre
Epsom, KT18 5RJ



YMCA Phoenix Centre
Tadworth, KT20 5FB



YMCA Horley Young People & Family Centre
Horley, RH6 7JA



The Old Pheasantry
Tadworth, KT20 7HF

Not shown: five move-on houses in Redhill, Horley and Merstham

Where we work

New East Surrey Council unitary area will be in place from 1 April 2027





Ian laying bricks at the new YMCA Supported Housing Development for young people in Salfords.

Chief Executive's report

Ian Burks

Every year, when I read through the YMCA East Surrey Annual Impact Report, I am reminded that our greatest achievement is not the buildings we develop, the projects we launch or the funds we raise. It is the individual lives that are changed because someone found support, encouragement, safety or opportunity when they needed it most. During FY2025/26, we had the privilege of supporting more than 21,500 people across East Surrey and beyond through our Children and Young People, Housing, and Health and Wellbeing services.

At YMCA East Surrey, we believe that everyone should have the opportunity to belong, contribute and thrive. Whether that is a young person overcoming homelessness, a child gaining confidence through our activities, a family receiving support during difficult times, or someone taking steps towards better physical or mental health, our purpose is to help people realise their potential and build brighter futures.

This year has brought many reasons to be proud. We have continued to grow our reach, progressed the development of new supported housing for young people, expanded opportunities for children and young people with additional needs, invested in our community facilities, hit records for fitness membership and opened new doors through initiatives such as the Marketfield Community Hub. Alongside this, we have navigated increasing need, rising costs and unprecedented changes to local government while remaining focused on delivering high-quality services to those who need them most.



Our new Marketfield Community Hub in Redhill town centre offers training and conference facilities, office space and consultation rooms for advice and support.

None of this would be possible without the amazing people who make YMCA East Surrey what it is. I would like to offer my heartfelt thanks to our staff and volunteers whose empathy, professionalism and commitment make a difference every day. I am equally grateful to our partners, funders, donors, challenge participants and supporters who share our vision and work alongside us to strengthen our communities. Finally, I would like to thank our Chair, Paul Byrne, and all our other trustees for their guidance, encouragement and stewardship throughout the year.

Together, we continue to build a stronger, healthier and more inclusive future for the people and communities we serve.

Chair's report

Paul Byrne



YMCA East Surrey aims to improve the lives of those we serve and to be able to offer our services to more of those in need. With this objective in mind, we are entering an exciting period of change.

Local government reorganisation will result in a fundamental change and on vesting day, 1 April 2027, a new council with some new councillors - East Surrey - will replace the districts and boroughs that we are currently serving individually. We aim to be the charity of choice for East Surrey Council with the services we offer. We do not forget that the need for what we provide in the East Surrey area remains as strong as ever and we look forward in confidence to the dawn of a new era.

Once again, we are delighted to be able to report an addition to our housing stock. We expect our development at Horley Road to be completed before the end of 2026 and will add accommodation for fourteen more young people. This will bring our total provision to eighty-nine.

With our funders' and donors' help, we trust we will not stop there. In 2022, the Board undertook a comprehensive review, resulting in a five-year strategic plan. In the coming year, the Board will formally review the role of YMCA East Surrey in our core activities in Children and Young People's Services, Health and Wellbeing, and Social Housing. When looking ahead, the trustees are acutely aware of the cost-of-living pressure on those we serve. There is also increasing competition for Government and Local Authority funding.

As ever, we can only fulfil our mission with committed and skilled people. It remains for me to add my grateful thanks to our CEO, Ian Burks, our trustees, staff, volunteers, donors and funders. A sincere thank you to all.

> "We aim to be the charity of choice with the services we offer."

Help Us Change More Lives

If you've been inspired by the stories in this Impact Report, please consider making a donation. Every contribution helps us continue supporting people across East Surrey and beyond. Scan the QR code on the right or visit **www.ymcaeastsurrey.org.uk/donate/**

A Year at YMCA East Surrey

Financial year 2025/26

April 2025

Dozens of intrepid individuals joined **YMCA Sleep Easy** on 4 April, in the Colley Hill grounds of The Old Pheasantry, raising awareness and funds for youth homelessness.

Mental Health Investment Fund project starts supporting young people at risk of school non-attendance at Warlingham School and Oxted School.

May 2025



The 26th **YMCA Fun Run** at Reigate Priory Park welcomed 818 adults and children running 1 or 5 miles on 4 May.

June 2025

37 cyclists completed our Redhill to **Le Mans cycle challenge** and 20 walkers trekked our **Brecon Beacons challenge**.

The new **LifeWorks Alternative Education Provision** (AP) was opened at the YMCA Sovereign Centre to offer innovative education opportunities for those unable to access mainstream or special schools.



July 2025





23 cyclists cycled up ten mountains in the French Alps as part of our **Ride The Alps challenge**, ascending more than the height of Everest over 221 miles and raising over £14,000.

Improvement works were completed at the **YMCA Sports & Community Centre**, including partitioning of the old sports hall to create two new spaces, a larger more inclusive fitness gym, and a dedicated physical activity space.

August 2025

We provided 246 days of **summer holiday clubs** for children and young people over six weeks and worked with **Surrey and West Sussex's HAF** (Holiday Activity and Food) programmes to deliver 1,150 free spaces for families in receipt of free school meals.

September 2025



101 people walked 5 or 10 miles for **Kim's Walk** in memory of our colleague, Kim Roderick, on 7 September.

YMCA East Surrey's first provision in London Borough of **Sutton for Disability Services Short Breaks** is confirmed.

October 2025

On 1 October, we celebrated the first anniversary of our Ofsted registration for 16-17-year-olds at **YMCA Hillbrook House** supported accommodation.

Youth clubs and Short Breaks disability clubs enjoyed half-term residentials, gaining new experiences and skills.

YMCA Family Centres receive Emerging Needs funding from Surrey County Council to support early intervention for over 200 families across Mole Valley and Reigate and Banstead.

November 2025

Housing residents took part in a residential and **Hereford 10k Cathedral Trek** from 10-14 November.

NextStep won Housing Project of the Year at the **Youth Matters Awards**.



High Sheriff of Surrey visited the YMCA Sovereign Centre pre-school and LifeWorks Learning Hub on 26 November.

East Surrey Acrobatics gymnastics invitational competition was held, with over 280 gymnasts and 600 spectators attending from across the Southeast.

December 2025



On 14 December, a record 911 Santas ran at the **YMCA Santa Run** in Priory Park, Reigate.

Big Give fundraising campaign for a new **sensory room** at the YMCA Sovereign Centre raises over £6,000.

January 2026

On 15 January, we opened our YMCA Sports & Community Centre to the public as part of our **FitStart event**, offering free gym sessions and activities.

YMCA Merstham Pre-school started offering an extended day for families.

February 2026



Charlie, our Assistant Youth Worker, visited the **Houses of Parliament** to speak to MPs about **youth work** on 11 February.

Work started on the build of two **new "move-on" properties** in Salfords, which will provide 14 more accommodation units to house young people in need.

Two **disability Short Breaks** half-term **residential trips** were held at The Old Pheasantry and Hindleap Warren.



March 2026

On 6 March, our 14th annual **YMCA Sleep Easy** event was held in Redhill Memorial Park to raise money for our housing projects.

173 runners and walkers took part in our **Y2Y North Downs Challenge** on 22 March.

The fit out of our new **Marketfield hub** in Redhill was completed.



NextStep housing project hit a record high of 94 tenancies arranged in FY 2025/26 in partnership with Reigate and Banstead Borough Council.

Our **Health & Wellbeing** team achieved a record-breaking milestone, reaching an all-time high of 1,920 fitness members.

An agreement was made with Reigate and Banstead Borough Council for long-term leases for the **YMCA Sovereign Centre** in Reigate and pageant hut through the Community Asset Transfer programme.

Our Impact

21,503

children, young people & adults supported across East Surrey



We provided

4,381

hours of out-of-school childcare



37,973

hours of Short Breaks clubs provided for children & young people with disabilities



8,582

one-to-one therapeutic support & counselling sessions delivered to young people



YMCA Youth Workers engaged with

476

young people



We recorded

70,827

gym visits



and

57,926

fitness class visits



870

NHS Health Checks delivered



128

homeless young people were provided with a safe home



2,080 Challengers trekked, ran or cycled

20,168 miles

to raise money for our vital work





Statistics relate to FY25/26.















A Busy and Exciting Year at The Old Pheasantry

Since acquiring this beautiful house in 2024, we have worked to improve and broaden The Old Pheasantry's offer, increasing its positive impact on children, young people and the wider community. In the first six months of 2026, we welcomed 77 groups and more than 1,000 young people from a wide range of ages and backgrounds to enjoy our facilities in the Surrey Hills.

We recently installed a new playground in time for our summer visitors and are grateful to Reigate and Banstead Borough Council for funding this through the Community Infrastructure Levy.

The woodland and nature areas have also been improved, including creating a learning space for children. These changes are making visits safer, more engaging and more accessible for everyone.

We've expanded our work with schools, youth groups and community organisations, strengthening links with SEN providers, local schools and Duke of Edinburgh Award groups. Their visits have helped fund free places on our programmes for children and young people we support, significantly increasing their engagement with us.

As our provision has grown, volunteers and local businesses have made a vital contribution. We are extremely grateful for their donations and for the time they have given to grounds maintenance, decorating, caring for the nature area and improving accessibility.

Looking ahead, we remain committed to making The Old Pheasantry a special place where people can learn, grow and explore. We thank every visitor, volunteer, supporter and partner who has helped make this year a success.

If you represent a local business, community group or partner organisation and would like to visit, please contact us at **oldpheasantry@ymcaeastsurrey.org.uk**

> "This was our 4th visit here and, as always, we've had an amazing time. The house has been done up since our last visit and looks awesome. We've enjoyed a hike, baking, the zipline, working on our DIY and environmental conservation badges, a movie night, as well as songs and s'mores around the campfire. We will be back to visit again soon!"
>
> *1st City Cubs*

Tilda and Georgie's story



When Tilda and Georgie first came to YMCA East Surrey, they were primary school children giving football a go. Seven years later, they're playing competitively, developing their own skills and helping inspire the next generation of girls onto the pitch.

"I wasn't that interested in football at first, but I thought it looked interesting," says Tilda, now 14. "I started coming when I was seven and I've been here ever since."

Georgie, also 14, was already interested in sport and wanted to develop her skills.

"When I started, I wasn't the best," she says. "But when I look back, I've come far."

Today, Tilda and Georgie play together for YMCA Vixens, training on Friday evenings and competing against other local teams on Sundays. Their football has taken them further afield, earning places on the Dorking Wanderers Academy education programme through their secondary school.

Mike Roberts, YMCA East Surrey's Recreation and Sports Manager, has watched Tilda and Georgie develop as players over the years. What began as a small recreational session with just a handful of girls has grown into three teams, with more than 50 girls now playing.

"There wasn't much football specifically for girls in this area," says Mike. "A lot of clubs were very boy-heavy. It's important that girls have their own space where they feel comfortable playing. We started with a recreational session on a Friday night and it's snowballed from there."

For younger girls, YMCA Wildcats provides an introduction to football without the pressure of competition. Girls aged five to 11 can learn skills such as passing, dribbling and shooting, while having fun and making friends.

Now Tilda and Georgie are helping with these sessions for the younger players, leading drills and giving them the opportunity to practise their new skills.

"We enjoy teaching them things like passing and shooting," says Georgie.

> "It's so important for young girls to have role models"

For Mike, seeing girls who started out as young players become confident enough to lead others is particularly rewarding.

"It's so important for young girls to have role models," he says. "You can see in their faces how much they get out of being led by Tilda and Georgie. They're both inspiring the next generation of girls coming through."

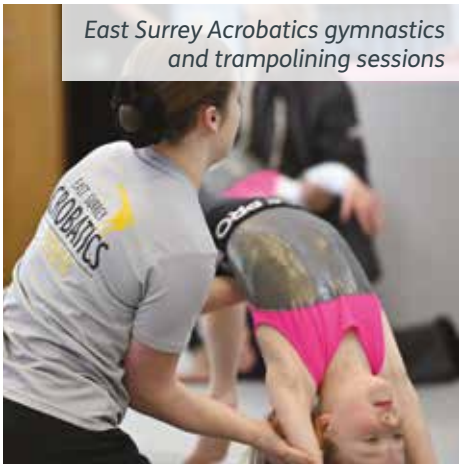
As well as seeing their football excel over the years, Mike believes the girls are developing skills that will stay with them long after they leave the pitch.

"They learn to communicate, work as a team and support each other," he says. "Those are skills they can take into college, university, work – whatever they choose to do in the future."

There could be opportunities for Tilda and Georgie to take their involvement further too, with YMCA East Surrey hoping to support them to complete coaching and refereeing qualifications when they're old enough.

For now, Georgie has some simple advice for other girls wondering whether football is for them.

"Give it a go if you think you might be interested," she says. "You never know – you could end up really enjoying it."



East Surrey Acrobatics gymnastics and trampolining sessions

Y-Kids Out of School Childcare



Y-Kids provides high-quality, affordable, flexible childcare that helps local families balance work and family life while children can enjoy activities designed around their interests.

At After School Club, children are collected from local schools and enjoy a healthy snack followed by a range of free play, games, crafts and activities. Children can also sign up for our structured football and gymnastics sessions, making it easy to attend without parents having to arrange transport to clubs. Children also develop friendships beyond their usual school groups, helping them feel more connected and socially confident.

Our Holiday Club runs every school holiday. This year, we introduced new Holiday Club options to give children even greater choice. Crafty Kids focuses on creative activities, Sporty Kids offers energetic games and sports, while Mash-Up Kids combines the best of both. These options ensure every child can enjoy a holiday experience that matches their interests and personality.

In FY25/26,

486

children took part in our gymnastics, trampolining and football sessions



Getting crafty at Y-Kids Holiday Club

> *"This brilliantly run pre-school has helped my boy develop into a kind, thoughtful and confident child who is now properly equipped to start school. Massive thank you to the whole team who really took the time to understand his needs and how to bring the best out of him."*
>
> *YMCA Merstham Pre-school parent*



Early Years

In their first five years, children's brains and bodies develop more than at any other point in life.

Through our activities for under 5s and our pre-schools, we provide opportunities for children to learn through play. Our under 5s sessions offer families a range of activities, from Stay and Play groups to structured groups including dance, football and gymnastics. These sessions help children develop physical, creative and social skills while parents can meet other families.

Our YMCA pre-schools in Reigate and Merstham support children to develop confidence and positive relationships, preparing them for the transition to school. Alongside daily learning opportunities, children enjoy enriching experiences such as Forest School and trips into the local community. Our pre-school team takes the time to get to know each child as an individual, nurturing their unique strengths and interests.

By making learning fun and engaging, we help children build the skills and confidence they need to thrive.

Residentials: building independence

In addition to our regular Short Breaks term-time and school holiday clubs, we have been creating more opportunities for children and young people with disabilities and additional needs to experience new adventures through residential stays.

Recent trips have included visits to The Old Pheasantry, High Ashurst, Lodge Hill and Hindleap Warren. Young people get to try activities that they might not be able to experience elsewhere, including high ropes, archery, woodland skills, cooking and team challenges.



These experiences help young people develop confidence, independence and resilience, while providing much-needed respite for families. For many, residentials are an opportunity to make friends, try new activities and achieve things they never believed possible.

One parent shared, “These trips have given him a sense of confidence and independence that he simply would not be able to get elsewhere. For the first time ever, he left with phone numbers and wanting to communicate with other people.”



Our first Short Breaks holiday club in the London Borough of Sutton was a great success

In FY25/26,

286 children and young people with disabilities attended our Short Breaks in Surrey and West Sussex



Face2Face parent support group visiting Polesden Lacey during Carers Week

> *“Since joining YMCA, you have helped my son realise he is not alone. You gave him a sense of belonging and reassurance that he needed. As a family, we will be forever grateful for the support, care and opportunities you have provided.”*
>
> *Short Breaks parent*

Rebound Therapy

Y-Bounce, our Rebound Therapy service, provides fun and inclusive physical activity for children (4+) and adults with a wide range of disabilities and additional needs.

Delivered by qualified therapists in Reigate and Tadworth, Rebound Therapy uses trampolines to promote movement, balance and muscle tone regulation. Goals are tailored to each individual and can include increased fitness, building confidence and improved coordination. Participants can progress at their own pace while enjoying the social and emotional benefits of regular activity.

Beyond the physical outcomes, Y-Bounce helps participants build self-esteem, try new challenges and experience the joy of movement in a safe and supportive environment.

Participants love the games and moves they take part in and we receive great feedback, with one attendee saying it’s “my favourite activity of the week”.



Tyler's story



When Tyler, 20, started at YMCA East Surrey's Alternative Education Provision - LifeWorks Learning Hub in September 2025, he had become disengaged from education. Now, he is learning again and developing skills for adulthood.

"At his previous school, Tyler had shut down," explains his mum, Trudy. "He wasn't happy and something had to change."

Tyler already knew YMCA East Surrey well. From the age of five, he attended our Yippee and Yip4Youth Short Breaks activity clubs for children and young people with additional needs and disabilities. Tyler has learning disabilities, autism and challenging behaviour.

"He spent a lot of time at the YMCA when he was growing up and he was always happy there," says Trudy.

LifeWorks Learning Hub is an alternative education provision for young people aged 16 to 24 with an Education, Health and Care Plan and complex needs. With eight places, it provides a smaller, more individual learning environment for young people who may struggle in a school or college.

Rather than focusing on a traditional academic curriculum, LifeWorks uses ASDAN life skills challenges to recognise individual achievement and help young people prepare for adulthood.

"All our young people would otherwise be without an education," explains Genia Michalak, Senior Coordinator at LifeWorks Learning Hub. "They may have been told time and time again about the things they can't do, whereas we're all about what they can do. We set achievable, personalised goals and break learning down into manageable tasks. That builds positivity and confidence to try new things."

Learning takes many different forms at LifeWorks depending on the individual. Young people grow vegetables on an allotment, using the experience to research, make decisions and even cook with what they harvest. Weekly mindfulness sessions include scrapbooking followed by sensory activities, with other sessions exploring social skills such as friendships and relationships.

> "We're all about what young people can do"

For Tyler, learning is broken down into three tasks each day. These might include a set of worksheets, discovering something new in a book or adding to his scrapbook. He has completed an ASDAN challenge based around football and has learned to prepare one of his favourite foods, noodles, independently.

"We do three lessons each day and I've been learning about space," says Tyler. "I can read some words. Things have improved for me. The staff help me in a good way."

The small setting and support for Tyler's emotional needs have also been important. If he becomes overwhelmed, he can spend time in the Dojo Hall, a space with soft mats and weighted blankets.

"As soon as he started at LifeWorks, his challenging behaviours decreased," says Trudy. "He's much happier and they've got him back to learning. They're small steps, but it gives me peace of mind knowing he's enjoying it and they have what he needs there."

Genia has seen a transformation in Tyler too.

"It's been wonderful to see how Tyler has moved on from being disengaged to wanting to take part in activities," she says. "He's suddenly become very curious. He's been reading books about dinosaurs and space, then typing up the information he's found. It's a real switch. I'm proud of him."

Jess's story



At 23, Jess is studying psychology with criminology at university. They have found friends, joined societies and settled into university life. But getting to this point has taken time.

Over the years, support from two YMCA East Surrey services – Heads Together and Step Forward – has helped Jess build confidence, develop coping strategies and feel more connected to other people.

Jess first received counselling through Heads Together aged 14. The confidential service gives young people a space to talk through difficult emotional, family or personal experiences with a trained counsellor.

"I didn't have a great childhood," says Jess. "One of the activities was to make a timeline of my childhood to help me reflect. I've still got it. Every so often I look at it and it makes me see how far I've come and makes me hopeful for the future."

Hannah Shepherd, YMCA East Surrey's Mindworks Delivery Manager, says having that dedicated space is significant.

"Suddenly, a young person has somewhere they can talk about what's going on," she explains. "When they understand why they might be feeling the way they do, we start to work on ways to manage things differently."

A few years later, Jess had fewer opportunities to socialise. They began attending Step Forward at the Phoenix Centre in Tadworth.

"It's a nice way of socialising for people who don't necessarily find that easy," says Jess. "At that point I wasn't at college or doing much else, so it gave me somewhere to go and people to spend time with. I made quite a few friends there."

Step Forward supports 17 to 30-year-olds with mental health and emotional wellbeing needs through free social activities and peer support. Sessions are shaped around what young people want to do, from games and cooking to creative activities.

For Jess, some of the simplest moments stand out.

> **"It's the little things that end up mattering a lot"**

"We got really good at playing different versions of Uno," laughs Jess. "We did baking and decorated T-shirts. It was fun."

But behind those activities is a bigger purpose.

"A lot of the young people who come to us experience social anxiety, so sometimes just coming through the door is a big step," says Hannah. "We create a space where people can be themselves, have conversations, listen to each other and feel part of a community."

Over the years, Hannah has watched Jess grow in confidence.

"Jess has developed a real sense of who they are and learned to feel comfortable in themselves" says Hannah. "They've come such a long way, and seeing them believe that they can achieve things is brilliant."

Looking back, Jess believes the support they received through Heads Together and Step Forward helped them understand themselves better and influenced their decision to study psychology at university.

"Throughout counselling and my time with YMCA, I've realised I am who I am," explains Jess. "Who cares if I'm a bit quirky? YMCA definitely helped me become more sociable. It's the little things that end up mattering a lot."

Photo used is a stock image and does not depict the individual featured in this case study.

3,483

young people supported through one-to-one counselling sessions and group work in FY25/26

Community & Family Wellbeing



Our Community Wellbeing Team provides early intervention and emotional wellbeing support for children, young people and their families, recognising that lasting change happens when the whole family is supported.

Using a needs-led, strengths-based approach, the team provides tailored support that is flexible to individual circumstances. They work with children and families experiencing a range of challenges, including emotional dysregulation, anxiety, low self-esteem, relationship difficulties, emotionally based school non-attendance (EBSNA) and gender identity. Acting as a bridge between services, schools and other professionals, they help ensure children and families receive the right support at the right time. The team also helps children's voices to be heard when speaking to schools and other professionals.

The team provides advice, guidance, signposting and practical support that gives families hope, builds resilience and supports positive change. One young person told us, "I improved in my confidence and I can now resolve my physical and mental emotions." A parent added, "The whole experience was excellent. We are seeing improvements for sure."

WAVES youth group offers a welcoming space where young people can support their emotional wellbeing



> *"I felt a genuine connection with my counsellor. The support that she gave me was more helpful than I had ever imagined receiving. I was very pleased watching my efforts work and grow to become happier in my life and self."*
>
> *Young person who accessed counselling support*



Our Step Forward project helps young adults develop confidence and social connections



Emotional Regulation Group

Delivered at Merstham Park School and Warlingham School, our Emotional Regulation Group provides targeted support for young people struggling with engagement, behaviour and a sense of belonging in school.

The 12-week programme helps small groups of students understand behaviour as a form of communication, develop emotional awareness and build practical strategies for managing difficult feelings. Working in partnership with the schools, including training staff as mentors, the project demonstrates the value of targeted support.

Schools felt that without the intervention, young people may have experienced worsening outcomes, highlighting concerns including increasing behavioural difficulties, future suspensions and reduced engagement with education. After the programme, students showed noticeably improved behaviour, stronger emotional regulation and greater self-awareness, while building more positive relationships with staff and peers.

As one student explained, "Before the group, I would get angry and get into trouble. Now I am calmer, think before I react and use coping strategies."

Targeted 1:1 Support for Families



During FY25/26, our Targeted 1:1 Family Support service, delivered in partnership with Welcare, provided personalised suppor to 606 families facing a range of challenges.

Each family is matched with a dedicated Family Support Worker who provides tailored support based on their unique circumstances. Support can include practical advice, emotional support, advocacy, help accessing specialist services and coordination with other agencies. Family Support Workers help coordinate interventions to ensure families receive the right support at the right time.

The team works with families using a strengths-based approach to focus on what is already working well. By helping families identify their own goals and be actively involved in decisions, we empower parents and carers to develop the skills and resilience needed to create positive, lasting change.

One parent told us:

> *"You are the only professional so far who has shown not only care and understanding, but true compassion and consistency. Without you, I would not have reached this stage."*



Our Y Bus mobile youth club has been busy reaching young people in their communities

Baking at Merstham Youth Club



2,572 people benefitted from support from our Family Centres in FY25/26

> *"My daughter came back from the residential on an absolute high. She had so much fun and it sounded action-packed with great activities. It was a great opportunity for her to connect with friends and build her independence in a safe and supportive environment."*
>
> *Youth club parent*

Emerging Needs



Supporting families before challenges escalate is at the heart of the Emerging Needs programme. Across our YMCA Family Centres, we help families navigate temporary difficulties by providing accessible support in their local community.

At YMCA Mole Valley Family Centre, a weekly group run alongside Home-Start East Surrey offers a safe and welcoming environment for families with children under five. While children explore sensory toys, play, and outdoor activities they might not have at home, parents and carers can connect with others and talk openly with experienced staff.

Discussions can range from social isolation and child development concerns to more complex issues such as domestic abuse. Families can access advice, signposting and additional services, alongside healthy snacks, singing activities and regular visits from a Speech and Language Therapist.

These informal conversations and early interventions can make a significant difference, helping families access the support they need before challenges become more complex.

Josh's story

When Josh started going to YMCA East Surrey's youth club, his mum Natalie hoped it would give him more opportunities to meet other young people and develop his social skills. Over the years, it became somewhere he could build confidence, independence and a better understanding of himself.

"Josh has always been sociable," she says. "But we wanted him to get out and about and meet more young people."

YMCA East Surrey runs 10 free youth club sessions each week for young people in school years 6 to 11, led by qualified youth workers. Funded by the National Lottery Community Fund, sessions offer plenty of opportunities to have fun, from pool, sport and arts and crafts to cooking and trips, but there is a wider purpose too.

"Youth work is an informal way of learning," explains Stuart Kingsley, Family Services and Youth Work Manager. "We might have conversations about relationships, social media, cyberbullying or substance misuse. It's not like school where we sit people down and teach them. Often it's about listening to young people and hearing what they have to say."

For Josh, who is autistic, being part of the youth club gave him another environment in which to learn how to navigate working with other people.

"He's had opportunities to interact with people he might not necessarily choose to spend time with," says Natalie. "He can find it difficult when someone does something differently to the way he thinks it should be done, so he's had to work through that. That has really helped him."

Over the years, Josh has taken part in different YMCA activities. He joined Beatz, a music project funded by Youth Music, and attended WAVES, a smaller youth club supporting young people with their emotional wellbeing. He has also developed practical skills through activities such as cooking.

"It's helped Josh become more self-sufficient," says Natalie. "They learn to follow a recipe, but also gain the confidence to change it depending on what they like."

Just as important for Natalie was knowing that Josh was somewhere he was understood.



> "They've helped Josh accept who he is"

"When he was younger and went to birthday parties, I would often worry or feel I had to explain things beforehand," she says. "At YMCA, he would just go and I knew he'd be fine. That was such a blessing as a parent."

She believes that understanding has helped Josh learn more about himself too.

"They've helped him accept who he is, while finding ways to manage the things he finds more difficult," explains Natalie.

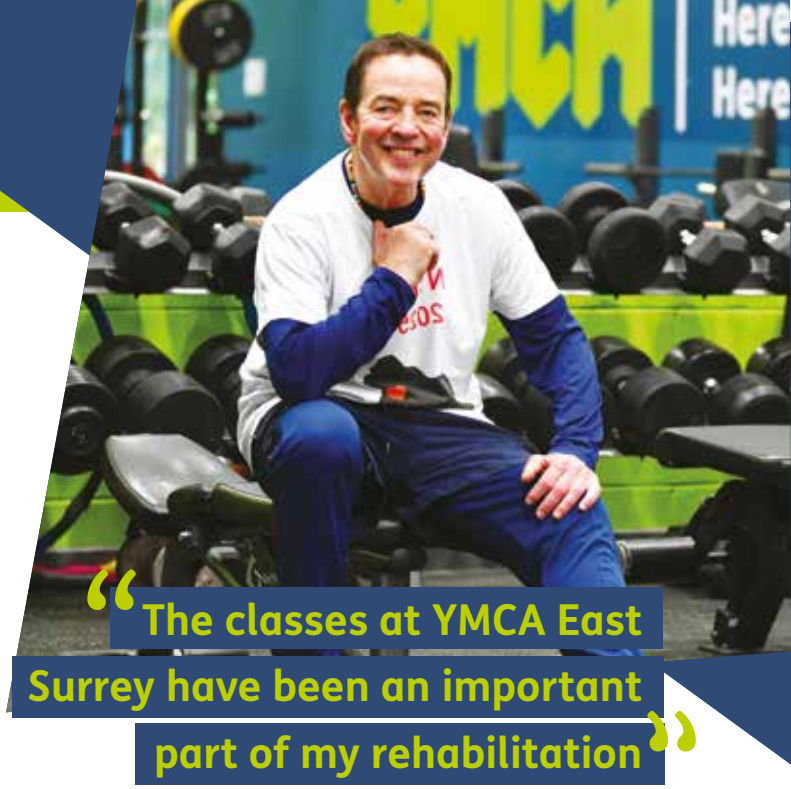
Stuart has seen Josh change over his four years at youth club.

"He's become more confident, mature and comfortable communicating with other people," he says. "You don't necessarily learn how to become an adult through school. You learn a lot of it by being around other young people and adults in a social environment."

Now 17, Josh has reached the end of his time at youth club and is studying Uniformed Protective Services at college.

"When I think about how far he's come, he should be incredibly proud of the person he is today," says Natalie. "YMCA has definitely been part of that journey."

Mark's story



> "The classes at YMCA East Surrey have been an important part of my rehabilitation"

After a second heart attack left him needing a life-saving heart transplant, Mark underwent surgery at Harefield Hospital in April 2025, becoming the first person in London to receive a heart transplant from a hepatitis C positive donor. From that point on, Mark was determined to regain his strength.

"Having been in hospital for several months, I had to learn to walk again because I'd lost a lot of muscle," says Mark. "I'd been off my feet and my balance wasn't great."

Just a month after leaving hospital, Mark began YMCA East Surrey's Exercise Referral programme as part of his rehabilitation.

The 12-week programme supports people living with a wide range of health conditions, disabilities or injuries to safely rebuild their strength and independence through physical activity. This work is made possible with support from NHS Surrey and Sussex ICB Better Care Fund and the Bryan and June Amos Foundation.

"We start with a triage call before inviting people in for a detailed assessment," explains Simone Towner, Exercise Referral Specialist Instructor. "We review their medical history and goals, and make sure they are ready to begin exercising safely."

Having completed phase III cardiac rehabilitation, Mark joined YMCA East Surrey's phase IV group. He took part in supervised gym sessions designed to rebuild his strength and fitness.

"I did exercises in rotation," he says. "We'd do a 15-minute warm-up, then onto one of the machines, move to another, then do some weights and other exercises."

"It can feel daunting to get back to exercise after a health issue," explains Simone. "Having someone specially trained alongside them gives people confidence. We monitor their progress, make sure they're exercising safely and help them build up gradually."

As Mark's fitness improved, the team adapted his programme to keep him progressing.

"The heart's a muscle, so it needs exercising," says Simone. "As people's confidence grows, we introduce them to other activities at YMCA East Surrey, like our wellbeing classes, strength and balance, and Pilates, so they stay active beyond the programme."

For Mark, exercise was always about more than physical recovery.

"I'm a great believer in a positive mindset," he says. "I knew that getting active would give me the best chance of a successful outcome. The instructors are very helpful and there's a camaraderie among the group. It does you good mentally as well as physically."

Today, Mark is back to the things he loves.

"I'm walking the dog around six to eight kilometres a day, I play golf three times a week and I love being out in my garden."

Simone and the rest of the Exercise Referral team have watched that transformation first-hand.

"I've seen Mark's confidence soar," Simone says. "He's back doing what he enjoys. That's exactly what we want for people. I'm really proud of him."

Since his transplant, Mark is embracing life. "I'm very positive and happy, and living each day as fully as possible. My transplant meant I couldn't travel far from the hospital for a while, but now I'm heading to France to see my sister and we hope to get out to Australia next year. The classes at YMCA East Surrey have been an important part of my rehabilitation."

Walkers in Burgh Heath – just one of our 22 free Wellbeing Walks across East Surrey



In FY25/26, we recorded a total of **7,284** Exercise Referral class visits and **7,176** Exercise Referral gym visits

> *"I like how it feels like a community. I feel I can chat to anyone there - staff or members - and it's a really friendly place to attend! I found other gyms intimidating before, whereas I've really progressed here. Fitness staff are all really knowledgeable and helpful, and receptionists are always happy and welcoming to me."*
>
> *Gym member*

NHS Health Checks



Early identification of health risks can make a significant difference to long-term health outcomes. As a recognised provider of NHS Health Checks, we offer free preventative checks every five years to eligible people aged 40 to 74 without certain pre-existing medical conditions.

The checks assess key health indicators including blood pressure, cholesterol and BMI, helping to estimate the risk of developing conditions such as heart disease, type 2 diabetes, stroke and kidney disease. Participants receive personalised guidance to support healthier lifestyle choices and reduce future health risks.

Through partnerships with Dorking Healthcare and Guildowns Group Practice, we've invited their eligible patients to attend an NHS Health Check with our team. Since these projects began in summer 2025, we've completed 815 Health Checks with patients from Holmhurst Medical Centre, Woodlands Surgery, Hawthorns Surgery and Guildowns Group Practice. This collaborative approach is making preventative healthcare more accessible while empowering people to take positive steps towards improving their long-term health and wellbeing.



Mayor of Reigate and Banstead, Cllr Nick Harrison, enjoying a tour of our gym

Inclusive Gym

Disabled adults are almost twice as likely to be physically inactive as non-disabled adults (39.3% vs 19.7%)*, highlighting the importance of accessible opportunities to stay active.

At our fitness centre in Redhill, we're committed to creating an environment where everyone feels welcome and able to exercise. Accessible features include ramp access, wide and open corridors, a low reception desk and adapted changing facilities and showers, helping to remove physical barriers to participation.

Inclusivity is also embedded in our approach. All staff receive in-house disability awareness training, equipping them with the confidence and skills to support members with a wide range of needs. Our inclusive gym equipment features accessible designs such as bright handles, wheelchair access and smaller weight increments, enabling more people to exercise independently and safely.

By treating every member as an individual, we aim to ensure everyone can enjoy the benefits of a workout.

* Sport England's survey via the Activity Alliance





Reintroducing Y Focus

This year saw the reintroduction of Y Focus, our programme designed to support residents who face barriers to education, employment or training.

Y Focus combines workshops, activities and personalised support to help young people develop new skills and confidence. The programme focuses on five key areas: money and finance, life skills, social skills, health and wellbeing, and employability.

Y Focus aims to build confidence, resilience and positive relationships while reducing isolation and increasing engagement in meaningful activities. Residents are supported to work towards goals in education, employment, training or volunteering, supporting them to take positive steps towards a more stable, independent future.



Trying new activities on a summer residential at Blacklands Farm Outdoor Centre

We provided

24,588 nights

of accommodation to young people at risk of homelessness in FY25/26

Residents enjoyed horse-riding sessions as part of our enrichment activities



> *"Through your guidance, encouragement and willingness to listen, you helped turn a difficult transition into a journey filled with hope. I've grown stronger, more confident, and truly optimistic about the future."*
>
> *YMCA move-on accommodation resident*

Preparing Residents for Independent Living

Our support for residents extends beyond providing accommodation. When a young person moves in, we work alongside them to build the skills needed for independent living.

A key part of this journey is resettlement. From the age of 17½, residents receive a personalised move-on plan that is reviewed regularly and tailored to their needs. Support can include budgeting and debt management, accessing benefits and bank accounts, applying for the housing register, exploring private rented or YMCA move-on accommodation and preparing for life beyond supported housing.

This year, we introduced a new resettlement referral process, enabling Housing Support Officers and our Housing Resettlement Administrator to work together to provide more focused support. This includes helping residents secure financial assistance (where possible) for essential household items, furniture and utility discounts, as well as supporting moves into permanent accommodation. Residents continue to receive support for up to four weeks after leaving, helping them settle into their new home.



Ollie's story



> "It takes away that dread of thinking I might end up back on the streets"

After experiencing homelessness, Ollie, 27, is rebuilding his life and looking to the future with support from YMCA East Surrey's Hillbrook House.

He was referred to the supported housing service by Reigate and Banstead Borough Council after a period of sleeping rough. At Hillbrook House, young people have somewhere to live alongside 24-hour support to help them develop the skills and confidence to move towards independence.

"I grew up in a difficult household and I fell into substance misuse," explains Ollie. "That damaged a lot of my relationships with my family. From the age of 16, I was sleeping in cars and on friends' sofas. Eventually, I ended up on the street."

During that time, Ollie kept what he was going through to himself until a friend encouraged him to approach the council for help. Three weeks later, he was offered a room at Hillbrook House.

"To be able to have a safe place to call home takes a lot of the weight off," says Ollie. "It takes away that dread of thinking I might end up back on the streets and lets me breathe a bit."

At Hillbrook House, each resident has a key worker who works with them to develop an individual support plan. This assists people to develop practical skills, access specialist services and work towards their own goals.

"We offer people the stability and support they need to move forward," explains Alison Radlett, Housing Support Officer at YMCA East Surrey. "With Ollie, we've helped him apply for financial support and access counselling. It's been great to see him taking positive steps to improve his circumstances."

Since moving in, Ollie has received support to get his finances and other practical matters in order.

"They've helped guide me on where to look and how to apply for things," he says. "The staff are great. I could go to any one of them for a chat."

Ollie has also accessed one-to-one counselling through YMCA East Surrey's Heads Together service, giving him an opportunity to address some of his past experiences.

"It gives me the chance to talk about issues and try to put them behind me," he says. "I used to let things build up, which made them worse and impacted my life. It's good to talk to people and reach out."

Looking after his physical health is important too. Ollie now trains four days a week at YMCA East Surrey's gym.

"Going to the gym helps my mental state. It keeps me feeling good and balanced. It's a judgement-free place," explains Ollie.

But it is also the everyday sense of community at Hillbrook House that has made a difference.

"I like waking up in the morning and having friendly people to say good morning to," says Ollie.

With somewhere to live and the right support around him, Ollie is now looking ahead.

"Once I've got my finances and affairs sorted, I'll feel at ease and I want to eventually move on and get my own property. Since being here, I've taken a step in the right direction. It makes me feel more confident about the future."

Sarah's story



After moving four times since the pandemic, Sarah, Emad and their children were living with constant uncertainty. With support from YMCA East Surrey's NextStep programme, they've finally found somewhere they can settle and make their own.

"Previous properties we rented didn't feel like home," says Sarah. "We never fully unpacked or hung pictures because we were worried we'd be asked to leave if the landlord decided to sell."

Finding somewhere suitable was particularly difficult. Sarah has four children, including a daughter with spina bifida. The family needed enough space while remaining close to the younger children's schools.

When their latest landlord served them with an eviction notice, the pressure intensified. Sarah's youngest was undergoing surgery, while her son was preparing for his GCSEs. Finding somewhere large enough for the whole family within budget was proving so difficult that Sarah feared they might have to split the family up, with her two eldest daughters finding somewhere else to live.

"You're in this heightened state of stress, dealing with the day-to-day while also trying to find somewhere to live," explains Sarah.

After Sarah approached the council for help, the family was referred to NextStep. Funded by Reigate and Banstead Borough Council for more than 20 years, the programme demonstrates how long-term partnership working can help families at risk of homelessness find suitable private rented accommodation. A similar partnership with Tandridge District Council supports individuals and couples in need.

NextStep helps people avoid emergency accommodation. The free service includes budgeting advice, help finding properties and support negotiating a new tenancy.

"Many people find themselves at risk of homelessness through no fault of their own," explains Jenny Hawes, Housing Projects Manager at YMCA East Surrey. "We help people find somewhere suitable that they can afford and stay in their local area so work and school aren't disrupted."

NextStep works closely with landlords to make this possible. The service is free, with the team finding prospective tenants, preparing tenancy paperwork and inventories, and providing ongoing support throughout the tenancy.

"We have landlords who have worked with us for many years," says Jenny. "They know if they have a concern or question, we're here to support them."

For Sarah, having someone guide the family through the process made an immediate difference.

"Jenny and the NextStep team went through our budget with us to work out what we could afford and helped us find the property," Sarah says. "The process was simple and it meant we looked at our finances with clearer eyes."

In March 2026, Sarah and her family moved into their new home in Horley.

"Moving has meant we've been able to breathe after so long," says Sarah. "The children have their own rooms, which they never had before. For my son, this meant he could shut his bedroom door and concentrate on his GCSE revision."

Most importantly, after years of uncertainty, the whole family can finally put down roots together.

"This feels like home," says Sarah. "It's the small things, like looking up and seeing the children's school pictures and our family moments on the walls. Having that stability and space has made a huge difference."

18,928

hours of support provided to residents during FY25/26, that's an average of

1,577

hours a month

"YMCA's NextStep team's partnership with Reigate and Banstead Borough Council's Housing Advice and Homeless Service is invaluable. Utilising a grant payment, NextStep assists almost 100 households with dependent children a year to secure private rented accommodation which avoids the crisis of homelessness. NextStep also provides support to ensure that the tenancy is sustained. Since the introduction earlier this year of the Renters' Rights Act, private renting is far more secure for families, allowing them to settle into communities and access local services and schools long-term."

Richard Robinson,
Head of Housing & Intervention,
Reigate and Banstead Borough Council

Creating Safe Spaces for Young Residents



For young people facing homelessness, having a safe place to live can be life changing. Our supported housing services provide accommodation, personalised support and opportunities for young people predominantly aged 16 to 24 to build independent futures.

Since successfully registering with Ofsted in 2023 for our supported accommodation for under 18s, we've reinforced our commitment to delivering high-quality support and safeguarding for young people. YMCA Hillbrook House has recently introduced dedicated zones and colour-coded key fob access to ensure under 18s have access to designated areas separate from adult residents. This is complemented by 24/7 staffing, CCTV in communal areas and robust safeguarding procedures that help keep residents safe and secure.

These measures, alongside our continued commitment to residents' safety and wellbeing, help young people settle into supported accommodation quickly and gain the stability needed to move towards independent living.



NextStep won Housing Project of the Year at the 2025 Youth Matters Awards

Building New Homes for Young People in Need



2026 marked an exciting milestone as construction began on two new housing properties in Salfords. Due for completion in November, the development will provide safe, affordable accommodation for 14 young people experiencing or at risk of homelessness.

The semi-detached homes will offer residents their own bedrooms alongside shared living spaces and gardens. Designed with sustainability in mind, the properties will be energy-efficient, keeping living costs low while providing comfortable and secure homes.

The project has been made possible through a combination of central and local government grants, charitable trust funding and YMCA East Surrey reserves. Supporters have also played an important role, with funds raised through our 2026 challenge events helping to furnish the homes through the Life Change Fund.

Residents will have access to one-to-one support, including guidance on education, employment and independent living. They will also benefit from YMCA services such as mental health support, volunteering opportunities and free use of fitness facilities, helping them build confidence and brighter futures.

Challenge Events

Thank you to all our Challengers who biked, trekked, ran or slept out in 2026 to raise money for YMCA East Surrey.

If you want to get fit, have fun and raise funds, check out our 2027 challenge events at **www.ymcaeastsurrey.org.uk**



Sleep Easy | 6 March 2026



Y2Y North Downs Trek/Run | 22 March 2026



YMCA Fun Run | 3 May 2026



Paris Cycle Challenge | 4–7 June 2026



Three Peaks Challenge | 18–21 June 2026



Kim's Walk | 13 September 2026

Join us for a YMCA Challenge in 2027

- **Y2Y North Downs Marathon & Half** 21 March 2027
- **Sleep Easy** | 16 April 2027
- **YMCA Fun Run** | 2 May 2027
- **Edale Skyline Trek** | 11–13 June 2027
- **Chase the Sun Cycle Challenge** | 19–20 June 2027
- **The Big Belgian Bike Ride** | 1–4 July 2027
- **Y2Y Ultra** (Redhill to Brighton) | 24 July 2027
- **YMCA Santa Run** | 12 December 2027

Final details and dates are subject to change.

Kate, Cleo & Angie's story



> "You're doing something amazing for yourself and your community."

Friends Kate Holah, Cleo Smith and Angie Parkinson weren't experienced cyclists when they signed up to ride 175 miles (282 km) from Redhill to Paris. But they were ready to challenge themselves and see what they could achieve.

"I had a bike, but I only had it to pootle around after my son when he learned to ride," explains Cleo.

Kate, who is YMCA East Surrey's Community Fundraising and Events Manager, wasn't much more experienced. But after seeing her husband complete a fundraising challenge the previous year, she wanted to push herself too.

"He said it was the hardest thing he'd ever done, but that he felt amazing," she remembers. "I thought, 'I want that feeling'."

Cleo and Angie were soon on board too. For Angie, it was a chance to "push myself and be part of something I could be proud of."

The trio prepared with YMCA East Surrey's group training rides. Experienced ride leaders help small groups get used to cycling on the road and gradually tackle longer distances.

"I'd hardly ever ridden on the road before and I was terrified," says Cleo. "But everyone was incredibly supportive."

In June 2026, they set off from YMCA East Surrey in Redhill as part of a wider team. They cycled to Newhaven, caught the ferry to Dieppe and continued through the French countryside, reaching Paris on day three.

There were tired legs and aching muscles along the way, but a support crew was never far away. Regular rest stops provided tea and cake, lunch was waiting en route and mechanical help was available for their bikes.

"All we had to do was pedal," says Kate. "When you get going and you've got the camaraderie of the people around you, you just forget about the tiredness."

Then came the moment they'd been working towards.

"I'll never forget cycling into Paris," says Kate. "We knew we were finishing at the Trocadéro and suddenly the Eiffel Tower appeared. I just remember squealing!"

For Cleo, taking on the challenge also had a personal connection. Her son has additional needs and attended YMCA East Surrey holiday activities when he was younger.

Together, Kate, Cleo and Angie raised more than £4,000, contributing to the £20,000 raised by the wider team. The money is helping to furnish YMCA East Surrey's new supported housing for 14 people at risk of homelessness.

"Knowing the money is going towards things like duvet covers and lamps, helping to make it a home for people, is amazing," says Kate.

The challenge has even turned Cleo into a keen cyclist.

"I'm still cycling now. It inspired me to upgrade my bike and I can feel another challenge coming on!" says Cleo.

And Kate hopes her experience will encourage other people to take on a challenge of their own. "YMCA takes care of the logistics and the practical and emotional support. You just have to sign up to do it. You're doing something amazing for yourself and your community."

Thanks

It wouldn't be possible for us to help people through the many life-changing projects shown in this Impact Report without support.

On behalf of everyone who benefits from our services, we would like to say a huge 'Thank You' to all our partners, funders and volunteers.

Active Surrey
Baily Thomas Charitable Foundation
Balfe's Bikes
Bantam Trust
BBC Children in Need
Beatrice Laing Trust
The Big Give
Big Leaf Foundation
Borahurst Ltd
Brewers Decorator Centres
The Bryan & June Amos Foundation
C P Charitable Trust
Carew Academy
Caterham, Chaldon & Whyteleafe Youth CIO
Citizens Advice Reigate & Banstead
Clockwise Marketing
Community Foundation for Surrey
Connick Tree Care
Crawley Fire Protection Ltd
Crawley Town Football Club
Dreams for Hope
Dorking Healthcare
East Surrey College
East Surrey Domestic Abuse Services
EducationWise
The Eikon Charity
Federation of Earlswood Schools
First Community Health & Care
Fox Grove School
Friends of Ashtead Youth Club
Gatwick Airport Community Trust
Guildowns Group Practice
Happy Days Children's Charity
HCRG Care Group
High Sheriff Youth Awards
Home Instead Reigate & Tandridge
Homes England
Home-Start East Surrey
Home-Start Epsom, Ewell & Banstead
Ian Haskew Charitable Trust
Keymex Reigate
Komputer Consultancy Services Limited
The Landmark Trust
Lingfield Youth Hub
London Borough of Sutton
Longhurst Electrical Services
Lord Hanson Foundation
Lower Kingswood Community Fete
Manor Green School
Manor House School
Merlin's Magic Wand
MindWorks Surrey
Mole Valley District Council
MYTI Club
National Lottery Community Fund
Nationwide Community Grants
Netherby Trust
NHS England
Ninevah Trust
The Office of the Police & Crime Commissioner for Surrey
Oxted United Reformed Church
Pilgrim Brewery
Qubed
Queen Elizabeth II Silver Jubilee School
Raven Housing Trust
The Reed Foundation
Reigate and Banstead Borough Council
Reigate Grammar School
Reigate Rotary Club
Rethink Print & Marketing Services Limited
Reward Connected Ltd
S E Franklin Charitable Trust
St Faith's Trust
St Mary's Oxted
SES Water
The Shanly Foundation
Simply Sports
Sophie Griffiths Architects Ltd
Steve Talboys Foundation
Stripey Stork
Surrey & Borders Partnership NHS Foundation Trust
Surrey & Sussex NHS Healthcare Trust
Surrey County Council
Surrey Downs Health & Care Partnership
Surrey Football Association
Surrey Heartlands Integrated Care Board
Surrey Hills Care Farm Project
Surrey Outdoor Learning & Development
Surrey Police
Surrey Wellbeing Partnership
Tandridge District Council
Tandridge Wellbeing Prescription
Tesco Stronger Starts
The Toseland Legacy
Vestey Foods International Limited
Voluntary Action Surrey East
Waitrose Community Matters
Wallace Bell Charitable Trust
Walton Heath Golf Club
The Warm Welcome Pub Company Limited
Waythrough
Welcare
West Sussex County Council
Woldingham School
YMCA East Surrey Challenge Fundraisers
YMCA East Surrey Committee Members, Trustees & Volunteers
YMCA England & Wales
Youth Music

How you can help

Find out more at: **www.ymcaeastsurrey.org.uk**

Donate to support our work. Whether you can make a regular or one-off donation, your support helps our projects to continue running.

Take part in a YMCA Challenge Event. Cycling, running, trekking or something less strenuous – there are lots of ways you can help to raise funds for our vital charitable work.

Volunteer with us. We work with some amazing people and have opportunities for anyone who is interested in helping out.

A Corporate Partnership with YMCA East Surrey brings benefits to your business and employees, as well as helping the local community.

Leave a legacy and give the gift of hope with a Charity Gift in your Will.

Summary of accounts

The following is a summary of our financial information for the year ended 31 March 2026. Total income for the year was £9.02 million including interest receivable and losses on investments. The total expenditure including interest payable was £8.96 million.

Staffing costs accounted for 65% of the total expenditure.

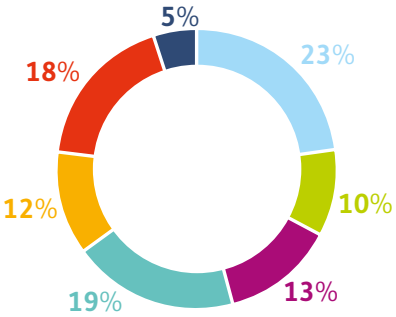
Total reserves at the end of the year were £9.01 million, of which 57% was attributable to the restricted premises funds. Other restricted funds were £0.37 million, designated funds were £0.60 million while unrestricted funds amounted to £2.91 million.

The financial statements have been prepared in accordance with the Housing Statement of Recommended Practice 2018, the Accounting Direction for Private Registered Providers of Social Housing (issued by the Regulator of Social Housing in 2022), the Housing and Regeneration Act 2008, the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the requirements of Companies Act 2006. For further information, the full financial statements together with the Trustees' and Auditor's reports should be consulted.

Copies are available from The Charity Commission, Companies House or **www.ymcaeastsurrey.org.uk**

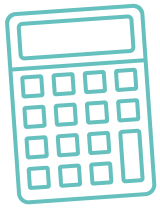
INCOME

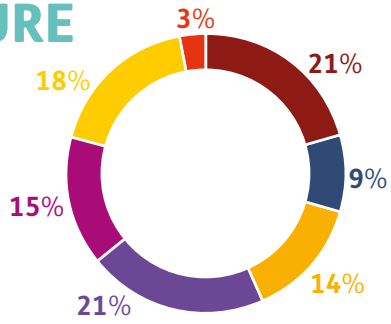




Service area	£
Housing	£2,052,244
Health & wellbeing	£912,308
Childcare & children's activities	£1,169,683
Youth work & family services	£1,692,073
Disability services	£1,122,156
Emotional wellbeing & mental health	£1,641,107
Other income	£418,645
Total Income	**£9,008,216**

EXPENDITURE





Service area	£
Housing	£1,873,360
Health & wellbeing	£761,291
Childcare & children's activities	£1,268,369
Youth work & family services	£1,832,436
Disability services	£1,294,497
Emotional wellbeing & mental health	£1,603,030
Other expenditure	£239,216
Total Expenditure	**£8,872,199**

RESERVES AT 31 MARCH 2026

- Restricted premises reserves: **£5,143,396** (57%)
- Unrestricted reserves: **£2,907,629** (32%)
- Other restricted reserves: **£365,349** (4%)
- Designated reserves: **£598,392** (7%)

Total Reserves **£9,014,766**











YMCA East Surrey is a vibrant charity that has been changing lives in the local community since 1870.

We are part of the wider national and international YMCA Federation which supports the development of young people around the world.

Our services are inclusive for people of all ages and abilities, encouraging everyone to enjoy an active and healthy lifestyle. We help people to believe in themselves, support them to achieve their goals and inspire them to be the best they can be.

- **Children & Young People**
- **Health & Wellbeing**
- **Housing**

Get in touch

YMCA Sports & Community Centre,
Princes Road, Redhill, RH1 6JJ

www.ymcaeastsurrey.org.uk

YMCAEastSurrey

Registered charity no. 1075028

Senior Leadership Team

Ian Burks | CEO
Judith Brooks | Head of Children & Young People / Deputy CEO
Kathryn Frost | Head of Central Services
Lee Fabry | Head of Housing
Daniel Markan | Head of Finance

YMCA

Here for young people
Here for communities
Here for you

YMCA enables people to develop their full potential in mind, body and spirit. Inspired by, and faithful to, our Christian values, we create supportive, inclusive and energising communities, where young people can truly belong, contribute and thrive.

FAMILY & YOUTH WORK | HEALTH & WELLBEING | HOUSING | TRAINING & EDUCATION | SUPPORT & ADVICE