



**YMCA Sports & Community Centre**  
Princes Road, Redhill, RH1 6JJ  
T 01737 779979 | 01737 784977

## Spring Term 2019 | Age: 2½ - 8 years

### Children's details

Date of booking

Child's name  D.O.B  Age  M/F   First visit

Child's name  D.O.B  Age  M/F   First visit

Parent/Guardian's name  Telephone

Child's address

Email

Medical conditions

## Prices

45 min  
9 week course **£67.50**

The full course must be booked and paid in advance.

## Booking details

**Course A:** Tuesday 29 Jan – Friday 5 Apr 2019 (9 weeks)

Redhill

### Athletix Kidz

Tuesday 11.30-12.15 (2 ½ - 4 years)  
Tuesday 12.25-13.10 (2 ½ - 4 years)

#### Child

A	B
<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>

### Athletix Academy

Friday 16.15-17.00 (4\* - 8 years)  
Friday 17.10-17.55 (4\* - 8 years)

#### Child

A	B
<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>

**Total Cost**

\* Athletix Academy – children attending can be aged 4 as long as they are currently attending full-time school (i.e. reception class)

**Tuesday dates** – 29 Jan, 5, 12, 26 Feb, 5, 12, 19, 26 Mar & 2 Apr (no class Feb half-term – 19 Feb)

**Friday dates** – 1, 8, 15 Feb, 1, 8, 15, 22, 29 Mar & 5 Apr (no class Feb half-term – 22 Feb)

## Course information

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Athletix Kidz is the UK's first Athletics specific programme for children between the ages of 2½ yrs-8 yrs old. All classes are taught by a qualified Athletix Kidz coach.

Classes are ability run and within each class children will be split into smaller groups. Classes start with a class warm up followed by splitting into further ability groups to work on the specific athletics skills (running, jumping, throwing) for that week. Classes finish with a warm down & stretching.

### **Athletix Academy**

This class still focuses on running, jumping and throwing exercises, however assists more in technique. These classes aim to give your child a head start for when they join their local athletics club or just want to improve on certain areas that will allow them to flourish in other sports too.

To book a trial, please email [enquiries@athletixkidz.com](mailto:enquiries@athletixkidz.com).

### **Clothing**

Children should wear suitable clothing that they can move freely in. Non-marking shoes must be worn. A club t-shirt/vest is available to purchase directly from Athletix Kidz. This is a compulsory piece of kit for all children.

## Terms & Conditions

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- ▶ The course is available for children 2½ -8 years.
- ▶ Parents of 2½ -5 year olds must stay on site whilst their child is attending the class.
- ▶ Athletix Academy – children attending can be aged 4 as long as they are currently attending full-time school (i.e. reception class)
- ▶ YMCA East Surrey & Athletix Kidz are NOT responsible for members being dropped off early or collected late. Please stay with your child until the class has started and ensure you are present at the end of the class.
- ▶ Bookings must be made for the whole course. Full payment must be made prior to the start of the course. Price is per child, per course.
- ▶ No refunds can be given, except in exceptional circumstances (request in writing to the Head of Children's Services).
- ▶ A registration form must also be filled out with full contact/emergency details and handed to reception at the time of booking.
- ▶ The next course starts on the week beginning Monday 22 April 2019. Booking forms will be available to existing participants on the w/c Monday 18 March.

## Confirmation - please sign and confirm the above details are correct

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Parent's signature  Please make cheques payable to **YMCA East Surrey**

Receptionist  Date  Audit  Total paid  £

*(Office use only)*

