

Summer Term 2019 | Age: 4\*-16

**YMCA Sports & Community Centre**  
Princes Road, Redhill, RH1 6JJ  
T 01737 779979 | 01737 784977

## Children's details

Date of booking

Child's name  D.O.B  Age  M/F   First visit

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Parent/Guardian's name  Telephone

Child's address

Email

Medical conditions

## Prices

	45 min (G)	1hr (G)	1hr (T)	2hr (G)
14 week course	<b>£77.00</b>	<b>£91.00</b>	<b>£91.00</b>	<b>£168.00</b>

The full course must be booked and paid in advance.  
Key: **G** - Gymnastics      **T** - Trampolineing

## Booking details

**Course A:** Tuesday 23 Apr – Thursday 25 Jul 2019 (14 weeks)

Redhill

### Gymnastics

	Child	
	A	B
Tuesday 16:00-16:45 (Beginners)	<input type="checkbox"/>	<input type="checkbox"/>
Tuesday 16:45-17:45 (Novice)	<input type="checkbox"/>	<input type="checkbox"/>
Wednesday 16:00-17:00 (Intermediate)	<input type="checkbox"/>	<input type="checkbox"/>
Wednesday 16:00-18:00 (Elite – coach selection)	<input type="checkbox"/>	<input type="checkbox"/>

### Trampolineing

	Child	
	A	B
Tuesday 16:00-17:00 (Mixed Ability)	<input type="checkbox"/>	<input type="checkbox"/>
Tuesday 17:00-18:00 (Mixed Ability)	<input type="checkbox"/>	<input type="checkbox"/>
Wednesday 16:00-17:00 (Mixed Ability)	<input type="checkbox"/>	<input type="checkbox"/>
Wednesday 17:00-18:00 (Mixed Ability)	<input type="checkbox"/>	<input type="checkbox"/>
Thursday 16:00-17:00 (Mixed Ability)	<input type="checkbox"/>	<input type="checkbox"/>
Thursday 17:00-18:00 (Mixed Ability)	<input type="checkbox"/>	<input type="checkbox"/>

Gymnastics Cost

Trampolineing Cost

Tuesday dates – 23, 30 Apr, 7, 14, 21, 28 May, 4, 11, 18, 25 Jun & 2, 9, 16, 23 Jul

Wednesday dates – 24 Apr, 1, 8, 15, 22, 29 May, 5, 12, 19, 26 Jun & 3, 10, 17, 24 Jul

Thursday dates – 25 Apr, 2, 9, 16, 23, 30 May, 6, 13, 20, 27 Jun & 4, 11, 18, 25 Jul

Total Cost

# Course information

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All classes are taught by a fully qualified coach following the British Gymnastics development award scheme allowing participants to achieve and obtain badges/certificates as a visual record of their development.

## Gymnastics

All classes are ability run; Beginners, Novice, Intermediate, Advanced. If you are unsure of the level of your child please book a trial session for assessment by emailing [eastsurreyacrobatics@hotmail.com](mailto:eastsurreyacrobatics@hotmail.com). Classes start with a class warm up followed by a basic skill practice before splitting into further ability groups to work on the specific skills set for that week. Classes finish with fitness conditioning and stretching relevant to the gymnasts and vital for development.

## Trampolining

Classes are mixed ability and aged classes as each participant is individually taught on the trampoline. Younger participants are best suited to the 45 minute classes.

## Clothing

Children should wear suitable clothing that they can move freely in. No jeans. A new club leotard is now available to purchase which is compulsory piece of kit for gymnasts.

# Terms & Conditions

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- ▶ The course is available for children 4\*-16 years.
- ▶ Parents of 4-5 year olds must stay on site whilst their child is attending the class.
- ▶ The 2hr gymnastics lower fee can be used over both the Princes Road & Sovereign centres (i.e 1hr beginners at Princes Road, 1hr beginners at Sovereign a week).
- ▶ East Surrey Acrobatics are NOT responsible for members being dropped off early or collected late. Please stay with your child until the class has started and ensure you are present at the end of the class.
- ▶ Bookings must be made for the whole course. Full payment must be made prior to the start of the course. Price is per child, per course.
- ▶ No refunds can be given, except in exceptional circumstances (request in writing to the Head of Children's Services).
- ▶ A registration form must also be filled out with full contact/emergency details and handed to reception at the time of booking.
- ▶ The next course starts on the week beginning Monday 2 September 2019. Booking forms will be available to existing participants on the w/c Monday 15 July.

\* Children attending can be aged 4 as long as they are currently attending full time school (Reception class).

# Confirmation - please sign and confirm the above details are correct

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Parent's signature  Please make cheques payable to **YMCA East Surrey**

Receptionist  Date  Audit  Total paid  £

*(Office use only)*

