

# Sleep Easy Terms & Conditions



By registering to take part in the YMCA Sleep Easy you are agreeing to the following conditions of entry:

1. Sleepers must be at least 16 years of age to participate. If aged 16-18 they must be accompanied by a participating adult.
2. You must pay a non-refundable registration fee of £10 if 18+ and £5 if age 16-18. This covers the cost of refreshments and administration of the event. This fee is payable when you sign up to take part and secures your place at the event.
3. The Sleep Easy event aims to raise as much money as possible to support YMCA East Surrey's work locally. We ask that all participants commit to raising as much money as they can through sponsorship or other fundraising methods. See [Fundraising Tips](#)
4. All sponsorship money and other funds that you raise should be sent to YMCA East Surrey as soon as possible.
5. If for any reason you choose not to, or are unable to take up your place at the event, all sponsorship forms and money collected must be forwarded to YMCA East Surrey.
6. As this event takes place overnight in outside venues and extremes of weather could be experienced, participants are responsible for their own medical condition and ensuring they are fit to take part. Please consult your doctor if you suffer from heart, joint, back or breathing problems or any other medical condition that may affect your ability to take part.
7. You must confirm that, as far as you are aware, you are currently in a good state of health and that you will not take part unless you are in a good state of health at the time of the event.
8. You are taking part in the event at your own risk. Neither the YMCA nor any third party organisers of Sleep Easy events will have any responsibility for any risk, loss or costs incurred by you in connection with the event. Should you judge that additional insurance is necessary it is your responsibility to obtain this.
9. Photographs taken at the event may be used by the YMCA in future publicity material. Please notify us if you do not want your photograph to be used for this purpose.
10. Participants will not engage in any activity that would place the interests and reputation of YMCA East Surrey at risk.
11. There will be strictly no alcohol on any Sleep Easy premises.
12. Smoking, where permitted, is restricted to designated areas.
13. You are responsible for your own safety during the event and should take reasonable care to ensure the safety of other participants. In the interest of your own safety and that of others you agree to comply with all instructions and guidelines given by YMCA East Surrey, the organisers and persons acting on their behalf.
14. YMCA East Surrey reserves the right to refuse entry to the event at their discretion.